

At the Summit

the e-zine of Summits Wayside Tavern



November 3, 2009

Pint Nights

Pint Nights are held from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

- 11/07 Fordham
- 11/12 Three Philosophers
- 11/14 Samuel Smith
- 11/20 RJ Rockers
- 11/21 Kirin Ichiban

See online calendar for details!



Become A FAN!

Thanks to Heather at



our Cumming store Summits has a Facebook page up and running strong!

We know you check your Facebook page daily and can't wait to read the latest status updates from your old High School buddies! Well, now you can keep up to date on the weekly events at our stores.

We'll keep the "Events" current and the status updates relevant to what is going on at Summits!

We have photo albums for you to visit and hope that you will post your favorite Summits pictures there, as well! Share photos of your favorite memories with us. What are you waiting for!?

What's New At Summits!

Daylight Savings Time 2009:

When and Why We Fall Back

National Geographic News

Contrary to popular belief, no federal rule mandates that U.S. states or territories observe daylight saving time. Most U.S. residents set their clocks one hour forward in spring and one hour back in fall. But people in Hawaii and most of Arizona—along with the U.S. territories of Puerto Rico, American Samoa, and the Virgin Islands—will do nothing. Those locales never deviate from standard time within their particular time zones.

The federal law first passed in 1918 and, thanks to a 2005 revision that went into practice in 2007, now stipulates areas that observe daylight saving time must switch back to standard time at 2 a.m. on the first Sunday in November. Likewise, the new daylight saving time rule requires that regions that observe daylight saving time begin at the same time on the second Sunday in March.

The Dawn of Daylight Saving Time

The U.S. Naval Observatory in Washington, D.C., sets what is known as standard time in the country through its maintenance of atomic clocks. But the observatory has nothing to do with regulating daylight saving time. Oversight of daylight saving time first resided with the Interstate Commerce Commission. In 1966 the U.S. Congress transferred that responsibility to the newly created Department of Transportation.

Congress ordered the transportation agency to "foster and promote widespread and uniform adoption and observance of the same standard of time within and throughout each such standard time zone." So why is a transportation authority in charge of time laws? It all dates back to the heyday of railroads. "In the early 19th century ... localities set their own time," said Bill Mosley, a public affairs officer at the U.S. Department of Transportation. "It was kind of a crazy quilt of time, time zones, and time usage. When the railroads came in, that necessitated more standardization of time so that railroad schedules could be (...continued on page 2)



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What's New At Summits! (cont. page 1)

published."

In 1883 the U.S. railroad industry established official time zones with a set standard time within each zone. Congress eventually came on board, signing the railroad time zone system into law in 1918. The only federal regulatory agency in existence at that time happened to be the Interstate Commerce Commission, so Congress granted the agency authority over time zones and any future modifications that might be necessary.

Part of the 1918 law also legislated for the observance of daylight saving time nationwide. That section of the act was repealed the following year, and daylight saving time thereafter became a matter left up to local jurisdictions. Daylight saving time was observed nationally again during World War II but was not uniformly practiced after the war's end.

Finally, in 1966, Congress passed the Uniform Time Act, which standardized the start and end dates for daylight saving time but allowed individual states to remain on standard time if their legislatures allowed it. A 1972 amendment extended the option not to observe daylight saving time to areas on the border of two time zones but within the same U.S. state.

Before the move by Congress in 2005 to extend daylight saving time, the most recent modification occurred in 1986, when the start date was moved from the last Sunday in April to the first Sunday in April.

Daylight Saving Time = More Evening Daylight

The drive behind the switch was "to adjust daylight hours to when most people are awake and about," Mosley said. Daylight saving time decreases the amount of daylight in the morning hours, so that more daylight is available during the evening. Not everyone benefits from the daylight saving time change, Mosley conceded. Farmers and others who rise before dawn may have to operate in the dark a while longer before daybreak.

And some experts suggest that the extended hours implemented in 2007 to save energy won't actually do the trick. That's because people may use more electricity during the darker mornings, canceling out any savings from not using as much power at night. Daylight saving time, however, can bring many benefits, Mosley said. Research has shown that more available daylight does decrease the number of traffic accidents, traffic fatalities, and incidences of crime.

Congress noted other advantages while updating legislation in 1986, including "more daylight outdoor playtime for the children and youth of our Nation, greater utilization of parks and recreation areas, expanded economic opportunity through extension of daylight hours to peak shopping hours and through extension of domestic office hours to periods of greater overlap with the European Economic Community."

Cooking With Beer!

Spicy Mexican Fondue Recipe

By Peggy Trowbridge Filippone, *About.com*
Refried beans, cheddar cheese, and chile peppers give a Mexican twist to fondue.

Ingredients:

- 1 (15-1/2 ounces) can refried beans
- 1/2 pound (2 cups) grated cheddar cheese
- 2 Tbsp butter
- 2 Tbsp minced scallion
- 1 clove garlic, minced
- 1/2 tsp Worcestershire sauce
- 1 cayenne pepper, seeded and chopped
- 1 Anaheim or poblano chile pepper, seeded and chopped
- 3/4 cup beer at room temperature

Directions

Combine refried beans, cheddar cheese, butter, scallion, garlic, Worcestershire sauce, cayenne pepper, and chile pepper in a heavy saucepan.

Heat, stirring, until mixture is heated thoroughly, 10 to 15 minutes. Add beer gradually, while stirring. Transfer to a fondue pot.

Accompany with tortilla chips or fresh vegetables for dipping.

Yield: 4 servings



Where Are YOU?????



Send us a photo taken of yourself traipsing across some distant soil wearing your favorite Summit wear. If chosen, your photo will be published in our weekly newsletter and you will

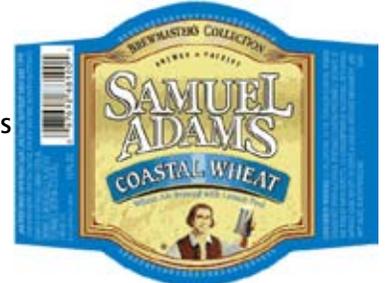
receive \$20 in Condors! So, put on your best smile for Summits! All articles submitted become property of Summits Wayside Tavern. Email Jenny at: snellville@summitsonline.com

Beer Spotlight

Samuel Adams Coastal Wheat

Boston, MA

This is a new brew from Samuel Adams that will replace the hefeweizen. It is an American Wheat ale brewed with lemon peel. Sam Adams constant search for unique ingredients has led them to the Eureka and Lisbon varieties of lemon from three different growing regions in California. The citrus from the lemon balances the character of the breweries own signature malt blend, resulting in a crisp and refreshing wheat beer with subtle lemon aroma and flavor.



Condors: Get your shopping done early...

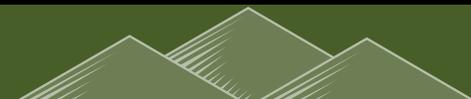
Great option for lunch under \$10!

B.L.T. \$ 7.29

A generous helping of crispy Applewood smoked bacon, romaine lettuce, vine ripened tomato, & mayo served on Texas toast. Seasoned with our Summit blend.

See our menu:
www.summits-online.com





This Week in History - 11/2

November 2, 1947 The Hughes Flying Boat--the largest aircraft ever built--is piloted by designer Howard Hughes on its first and only flight. Built with laminated birch and spruce, the massive wooden aircraft had a wingspan longer than a football field and was designed to carry more than 700 men to battle.

Nov. 3rd In 1964, residents of the District of Columbia cast their ballots in a presidential election for the first time. The passage of the 23rd Amendment in 1961 gave citizens of DC the right to vote for a commander in chief and vice president.

November 4th A spontaneous national uprising that began 12 days before in Hungary is viciously crushed by Soviet tanks and troops on this day in 1956. Thousands were killed and wounded and nearly a quarter-million Hungarians fled the country

Novesmber 5th On this day in 1994, George Foreman, age 45, becomes boxing's oldest heavy-weight champion when he defeats 26-year-old Michael Moorer in the 10th round of their WBA

fight in Las Vegas. More than 12,000 spectators at the MGM Grand Hotel watched Foreman dethrone Moorer, who went into the fight with a 35-0 record. Foreman dedicated his upset win to "all my buddies in the nursing home and all the guys in jail."

November 6th On this day in 1962, the United Nations General Assembly adopts a resolution condemning South Africa's racist apartheid policies and calling on all its members to end economic and military relations with the country.

November 8th On this day in 1895, physicist Wilhelm Conrad Rontgen (1845-1923) becomes the first person to observe X-rays, a significant scientific advancement that would ultimately benefit a variety of fields, most of all medicine, by making the invisible visible. Rontgen's discovery occurred accidentally in his Wurzburg, Germany, lab, where he was testing whether cathode rays could pass through glass when he noticed a glow coming from a nearby chemically coated screen. He dubbed the rays that caused this glow X-rays because of their unknown nature.

The SUMMITS Calendar!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOV 1	2	3	4	5	6	7
	RANDALL! check your weekly email	Family Night! 5-9pm	CRAB!! Trivia ALL locations:8p double!		C + W: Trivia 9p S Trivia 10p	7-9p Fordham
8	Summits Univ. Cumming RANDALL! check your weekly email	Summits Univ. Snellville Family Night! 5-9pm	CRAB!! Trivia ALL locations:8p double!	Summits Univ. Woodstock Three Philosophers	13	7-9p Samuel Smith
15	16	17	18	19	20	21
	RANDALL! check your weekly email	Family Night! 5-9pm	CRAB!! Trivia ALL locations:8p double!		RJ Rockers C + W: Trivia 9p S Trivia 10p	7-9p Kirin Ichiban
22	23	24	25	26	27	28
	RANDALL! check your weekly email	Family Night! 5-9pm	CRAB!! Trivia ALL locations:8p double!	THANKSGIVING	Bridgeport Pint + Tshirt C + W: Trivia 9p S Trivia 10p	7-9p Sierra Nev. Celebration