

At the Summit

the e-zine of Summits Wayside Tavern



November 18, 2008

Pint Nights

Pint Nights are held from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

11/22 T'my Knck'r Rye Porter

11/29 Abita

12/06 Guinness

[See online calendar for details!](#)

Passport Club Members' Breakfast

If you are a member of the passport club you are invited to a gourmet breakfast! Chef Andy will prepare eggs benedict, french toast from scratch, beer infused sausages, and your choice of bagels, pastries, fresh fruit salad and coffee & juice.



8:00 am - 11:30 am

Sat., Nov 15th Snellville

Sat., Nov 22nd Cumming

Sat., Nov 29th Woodstock

Summits U. Year Members - FREE

Tier III Mug holders - \$0.99

Tier II Mug holders - \$ 3.99

Tier I Mug holders - \$ 7.99

What's Up At the Summit?

Summits thanks Ann Sechrist for helping us create awareness for a very worthy cause. We'd like to take the opportunity to focus on "The Spirit of Giving" this holiday season and help educate our guests about organ and tissue donation and how to "Give the Gift of Life". Ann Sechrist is a Summits Tier III mug holder and member of "The Snellville Beer Society". She shares her story and connection with the Georgia Transplant Foundation with you in the hope of creating awareness for this worthy organization.

What is the Georgia Transplant Foundation?

The **Georgia Transplant Foundation** (GTF) is a nonprofit organization that serves Georgia's organ transplant candidates, recipients, living donors and their families. Tommy Smith, a kidney recipient, and a group of transplant social workers founded GTF in 1992. GTF is a 501(c)(3) (non-profit) organization funded through the generosity of foundations like the Carlos and Marguerite Mason Trust, foundations, corporations and individuals.

What are the goals of the GTF?

The goals of GTF are to help meet the needs of organ transplant candidates, recipients, living donors, and their families by providing information and education regarding organ transplantation, granting financial assistance and being an advocate for sustaining and enriching lives everyday.

GTF plays a tremendous impact in the life of a transplant recipient by offering seven financial assistance programs, the JobLink program, an accredited employment and career service development program, and a Mentor Project, providing one to one contact between people living successfully with a transplant and people who are new to the world of transplantation.

How did you get involved with GTF?

I became involved in GTF when asked



to speak at their annual Wellness Conference several years ago. I was asked to talk about volunteering for organ and tissue donation and what it meant to me in an effort to get others involved. Donation has helped my family's grief. There is always a positive in every negative – our positive in Clayton's death is donation.

A few years later GTF asked me to attend the Wellness Conference to represent donor families in Georgia. GTF/recipients wanted to say thank you to all donor families for the gift of life. It was a very heart warming and emotional experience.

Clayton's heart recipient has also used the services of GTF. GTF truly supports the recipients in times of need to keep their transplant successful.

What are GTF's biggest challenges?

Some of the more substantial challenges that GTF experiences are making the community at large aware of the challenges of organ transplantation. Many are unfamiliar with what an organ transplant is and how the process of transplantation affects the entire family unit. Many also immediately think GTF is the organ procurement agency in the state – meaning we help convince families to consider organ donation and match donors with recipients. Although we obviously promote organ donation, it's not our core mission. We want the entire state to know about the beneficial programs and services GTF offers to the transplant community.

How do you go about creating awareness for the GTF?

Awareness for GTF is created in several ways. GTF is successfully marketed to countless newspapers, magazines, radio stations,

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Find your Summits!

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summits-online.com/04_woodstock/

About the GTF and the Gift of Life...

and television stations throughout the state of Georgia. GTF sponsors several events throughout the year not only to fundraise, but to become more visible in the city as well. Each year, GTF sponsor a Wellness Conference that benefits the transplant community by educating them on the latest advancements in treatment, insurance coverage, medications, and other continued wellness issues. This is also very effective in creating awareness for GTF. In addition, GTF has expanded its outreach initiative to emphasize more outlying cities throughout the state, such as Albany, Augusta, Columbus, Macon, Rome, and Savannah. GTF is creating awareness in these areas by attending community events such as health fairs, festivals, parades, and some church functions. GTF sponsors "Trends in Transplant" that serve as mini Wellness Conferences and provide a more convenient opportunity for Georgians outside of the Metropolitan Atlanta area to participate and learn more about GTF's programs.

Why should people become involved in organ donation?

Ann's answer: Why not? What greater gift than the gift of life? Because donation is the right thing to do. Organ donation is not about death, it is about life. The gift of life. We are all here in this world together and if we can help one another I believe we should. It is the ultimate recycling program. There are approximately 88,000 people nationally on the UNOS list awaiting an organ. These people will die if they do not receive a transplant. People die all the time that could be donors. What good is it to leave this world with your organ and tissues? Once you have died you don't need your earthly body anymore – why not let others benefit? It doesn't make sense to me. It's been said that if everyone said yes to donation that were eligible, there would not be a waiting list.

GTF's answer: People should become involved in organ donation because it is a critical opportunity to save and improve the quality of lives of thousands of people

throughout the country. In Georgia alone, more than 1,600 people are waiting for a transplant. Though GTF acknowledges the utter need and importance of promoting organ donation, recruiting organ donors is not a central focus of the organization.

How do you become an organ donor?

In Georgia you can indicate your wishes on your driver's license or sign an organ donor card available through **LifeLink of Georgia**. The



most important thing to do is to make an informed decision regarding donation and then communicate that decision to your family so they can honor your wishes. Donation is not a decision that can be made by others under the stress of the death of a loved one. Make your decision and share your decision to donate ahead of time – like now!.

What is your motivation for maintaining your involvement with the GTF?

As a donor family, we want only the best for recipients. When a family donates out of love for others at a time of intense grief and shock, their ultimate wish is for the recipient to be well and live a long, productive life. Clayton's donation helped 43 different people.

GTF supports recipients so they can resume a productive, full life after transplantation – going hand in hand with donor family wishes. I work with many recipients and they are a continuous reminder that we made the correct decision in donating.



Cooking With Beer!

Shrimp in Beer Batter

Ingredients:

- 3 pounds of shrimp in shell
- 2 cups warm beer
- 2 2/4th cups flour
- 2 teaspoons paprika
- dash of Tabasco
- dash of Worcestershire sauce

Peel and split shrimp, leaving tails intact. Mix all remaining ingredients together. Roll shrimp in additional flour, salt and pepper. Dip into beer batter and fry in deep hot fat for 2-3 minutes.

Yield: 6-8 servings

www.beer100.com



Beer Spotlight

Duck Rabbit Milk Stout

Farmville, NC

The Duck-Rabbit Milk Stout is a traditional full-bodied stout brewed with lactose (milk sugar). The subtle sweetness imparted by the lactose balances the sharpness of the highly roasted grains which give this delicious beer its black color.

The Duck Rabbit Brewery

4519 W Pine St Farmville NC 27828

ph: 252.753-7745



Beer Geek

Why beer does not like light?

Light, sunlight in particular, causes beer to oxidize and kills its taste and color. For this reason beer must be stored in a way that limits the influence of UV rays, i.e. in casks, kegs, cans or dark glass bottles. Beer lovers in Poland opted for the use of brown bottles, while on a world wide scale both brown and green bottles are used.

Summits Snellville is the Atlanta Home of the Washington Redskins!

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If you're a fan and are looking for a few friends to share the fun on Sundays then visit the Snellville Summits Tavern during game time! For more information email RedskinsFansofGA@live.com

We hope to see you there! Hail to the Redskins!



Condors: perfect for last minute gifts!

Food Spotlight

American Kobe Mushroom Burger

100% American Kobe beef burger topped with sautéed mushrooms, sautéed onions, sautéed green peppers, Applewood Smoked bacon, melted cheddar cheese and wasabi mayonnaise. Served with lettuce, vidalia onion and tomato on the side with french fries and a pickle on a fresh baked egg roll.



See our menu: www.summits-online.com

Did You Know?

Chocolate is the number one foodstuff flavour in the world, beating vanilla and banana by 3-to-1. Milk chocolate was invented by Daniel Peter, who sold the concept to his neighbour Henri Nestlé. An ounce of chocolate contains about 20 mg of caffeine.



Quote of the Week

"Always remember that I have taken more out of alcohol than alcohol has taken out of me."

-Winston Churchill

The SUMMITS Calendar!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17 RANDALL! Anthanum / Czechvar	18 Family Night! 5-9pm	19 CRAB!! Trivia ALL locations:8p double!	20	21 C + W: Trivia 9p S Trivia 10p	22 7-9p Tommy Knocker Rye
23	24 RANDALL! TBA	25 Family Night! 5-9pm	26 CRAB!! Trivia ALL locations:8p double!	27	28 C + W: Trivia 9p S Trivia 10p	29 7-9p Abita
30	1 RANDALL! TBA	2 Family Night! 5-9pm	3 CRAB!! Trivia ALL locations:8p double!	4	5 C + W: Trivia 9p S Trivia 10p	6 7-9p Guinness Stout
7	8 Summits Univ. Cumming RANDALL! TBA	9 Summits Univ. Snellville Family Night! 5-9pm	10 CRAB!! Trivia ALL locations:8p double!	11 Summits Univ. Woodstock	12 C + W: Trivia 9p S Trivia 10p	13 7-9p TBA