

At the Summit

the e-zine of Summits Wayside Tavern



September 4, 2007

Pint Nights

Pint Nights are held from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

09/08 Harp
09/15 Leffee Blonde
09/22 PBR

See online calendar for details!

AYCE CRABS!!



Have you heard? "All You Can Eat Crab Legs" every Wednesday from 4 to 10 pm. And it's not just crab - the fries, the chowder, the delight of the plate that is never empty...

Michael Jackson

As we celebrate the Labor Day Holiday we also mourn the loss of possibly the best known beer writer of our time. Michael Jackson, also known as "The Beer Hunter", passed away a few days ago. If you've ever "googled" information about beer or read one of the many beer publications available then chances are very good that you've read a piece written by Michael Jackson. We were lucky enough to have met and hosted Mr. Jackson in our stores several years ago. It is truly a loss for the world of beer. We would be remiss if we didn't acknowledge how his passion and quest for beer education and knowledge has inspired us in what we do every day. If you go to www.allaboutbeer.com then you can read Michael Jackson's last article written just several days before he passed. Cheers, Michael!

At the Summit...

The Georgia Transplant Foundation

This year Summits will devote \$0.50 from each burger sold during September's Burger Month to the Georgia Transplant Foundation. You'll be hearing more about Burger Month and the delicious burgers that it features. Below you will find more information about the GTF and what it's goals are.

Ann Sechrist is a Summits mug holder and member of "The Snellville Beer Society". She shares her story and connection with GTF with you in the hope of creating awareness for this worthy organization.

What is the Georgia Transplant Foundation?

The Georgia Transplant Foundation (GTF) is a nonprofit organization that serves Georgia's organ transplant candidates, recipients, living donors and their families. Tommy Smith, a kidney recipient, and a group of transplant social workers founded GTF in 1992. GTF is a 501(c)(3) (non-profit) organization funded through the generosity of foundations like the Carlos and Marguerite Mason Trust, foundations, corporations and individuals.

What are the goals of the GTF?

The goals of GTF are to help meet the needs of organ transplant candidates, recipients, living donors, and their families by providing information and education regarding organ transplantation, granting financial assistance and being an advocate for sustaining and enriching lives everyday.

The need for an organization like GTF is evident in simply examining the cost of transplantation and its follow-up costs. The average cost of medications per year for an organ recipient is \$25,000-\$30,000. In addition, annual follow-up costs to maintain an organ transplant are continually on the rise. For example, follow-up costs to maintain a kidney will average \$60,000 in 2006, and will average \$100,000 to maintain a liver or heart in 2006.

GTF plays a tremendous impact in the life of a transplant recipient by offering seven financial assistance programs, the JobLink program, an accredited employment and career service development program, and a Mentor Project, providing one to one contact between people living successfully with a transplant and people who are new to the world of transplantation.

(...continued on page 2)

Summit's Beer Offerings

Snellville

Flying Dog Gonzo Porter
Redhook Late Autumn
Sam Adams Octoberfest
Ommegang Witte
Ommegang Tripel
Abita Amber Lager

Cumming

Sierra Nevada Anniversary
Blanche de Bruxelles
Redhook Late Autumn
Tucher Hefeweiss

Visit us on the web at www.summits-online.com



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Georgia Transplant Foundation... (continued...)

In 2004, GTF provided over \$700,000 in emergency financial assistance grants. The average grant was \$1,176 per client. GTF also supported over 1500 hours of mentoring for waiting candidates and transplant recipients. In addition, GTF's return to work program, JobLink, placed 77 transplant recipients in jobs that provide adequate earnings and insurance coverage and made 135 job referrals saving the tax payers almost 4 million dollars. Through 2006, GTF plans to more than double the number of clients served to more than 1,100 annually and the total financial assistance provided to \$1.25 million annually.

How did you become involved with the GTF?

I became involved in GTF when asked to speak at their annual Wellness Conference several years ago. I was asked to talk about volunteering for organ and tissue donation and what it meant to me in an effort to get others involved. Donation has helped my family's grief. There is always a positive in every negative – our positive in Clayton's death is donation.

A few years later GTF asked me to attend the Wellness Conference to represent donor families in Georgia. GTF/recipients wanted to say thank you to all donor families for the gift of life. It was a very heart warming and emotional experience.

Clayton's heart recipient has also used the services of GTF. GTF truly supports the recipients in times of need to keep their transplant successful.

Why should people become involved in organ donation?

Ann's answer: Why not? What greater gift than the gift of life? Because donation is the right thing to do. Organ donation is not about death, it is about life. The gift of life. We are all here in this world together and if we can help one another I believe we should. It is the ultimate recycling program. There are approximately

88,000 people nationally on the UNOS list awaiting an organ. These people will die if they do not receive a transplant.

People die all the time that could be donors. What good is it to leave this world with your organ and tissues? Once you have died you don't need your earthly body anymore – why not let others benefit? It doesn't make sense to me. It's been said that if everyone said yes to donation that were eligible, there would not be a waiting list.

GTF's answer: People should become involved in organ donation because it is a critical opportunity to save and improve the quality of lives of thousands of people throughout the country. In Georgia alone, more than 1,600 people are waiting for a transplant. Though GTF acknowledges the utter need and importance of promoting organ donation, recruiting organ donors is not a central focus of the organization.

How do you become an organ donor?

In Georgia you can indicate your wishes on your driver's license or sign an organ donor card available through LifeLink of Georgia (<http://www.lifelinkfound.org/>). The most important thing to do is to make an informed decision regarding donation and then communicate that decision to your family so they can honor your wishes. Donation is not a decision that can be made by others under the stress of the death of a loved one. Make your decision and share your decision to donate ahead of time – like now! .

How did you first come to know Summits Wayside Tavern?

Let's see, a good friend of mine, George Miller introduced me to Summits. I believe his friend, Paul Shelton (...continued on page 3)



Georgia Transplant Foundation (continued from page 2)

introduced him to Summits. When George told Nelson and I about Summits my response was, "I am not going to hang around a bar". Oh he said, "but you will like this place." I resisted for quite awhile and then finally gave in. We were hooked immediately on the variety of beer, the expertise of the wait staff, and the quality of the food. Summits opened a whole new world to us of the different type of beers, where and how they are brewed, and what food goes with what type of beer. We have become beer snobs! Truly a learning experience and we continue this journey at Summits Institute of Higher Living on a monthly basis. Thank you Andy and staff!

How was the Snellville Beer Society born?

Well, that's a difficult one to answer. Once we started going up to Summits on Friday nights we started inviting all our friends and they invited their friends. All of a sudden we had a rather large group and named this group The Beer Society of Snellville, GA. It became our wind down on Friday evenings. Our son, Clayton, died in 1996 at the age of 16. This is truly the worst thing that has ever happened to us. Weekends were very difficult because that is family time and we missed Clayton terribly. Having a group of friends to get together with on Friday at Summits made the weekends easier. We received a lot of support from The Beer Society those first years and still do. We can say Clayton's name and

they don't run or avoid us. Summits is like Cheers to us - "where everybody knows your name."

Who are its members? (generally speaking)

The members are from all different backgrounds and have a very wide variety of interests. I will say we are all baby boomers and a few former hippies. We enjoy good beer, good food, music, theater, boating, traveling, reading, tennis, golf, and many other things!

What is your motivation for maintaining your involvement with the GTF?

As a donor family, we want only the best for recipients. When a family donates out of love for others at a time of intense grief and shock, their ultimate wish is for the recipient to be well and live a long, productive life. Clayton's donation helped 43 different people.

GTF's goal is to help the recipient and their family live with transplantation – helping financially, emotionally, providing mentors, working with the DOL (Job Link) to reemploy recipients, etc., etc. .GTF supports recipients so they can resume a productive, full life after transplantation – going hand in hand with donor family wishes. I work with many recipients and they are a continuous reminder that we made the correct decision in donating.

Spotlight on Beer

De Koninck Antwerp

Belgium 5.0% abv

Established in 1833

De Koninck is the only brewery in the famous city of Antwerp, it is the name of the brewery and also

the name of its main product. It is Antwerp's everyday beer. The brewery has been renovated, expanded and modernized several times over the years, but the pride and passion has not been affected. Today, five generations later, the Van den Bogaert family maintains this noble tradition. All of their beers are full bodied top fermenting ales with velvety smooth flavors. All the beers are brewed using only natural and top quality ingredients.



Beer Geek

Flying Dog Woody Creek White

(Denver, CO) abv 4.78%

Flying Dog Brewery founder George Stranahan is widely considered to be the unofficial mayor of Woody Creek, Colorado. George and his collection of social misfits known as "Woody Creatures" are the reason this mountain community has morphed into Gonzo Ground Zero. This unfiltered and traditionally spiced Wit Beer pays tribute to this hotbed of progressive thought.



Spotlight on Food!

Fish & Chips

Our version of a classic! A generous portion of hand breaded, beer battered Grouper served with french fries and spicy jalapeno cole slaw with a side of spicy chipotle tartar sauce.



Look at our menu: www.summits-online.com and let your food adventure begin.

Did You Know?

* The oldest portable steam engine in the United States is on display at Historic Railroad Shops in Savannah.

* Known as the sweetest onion in the world, the Vidalia onion can only be grown in the fields around Vidalia and Glennville

* Georgia is the largest state east of the Mississippi River.



Quote of the Week

"Stay busy, get plenty of exercise, and don't drink too much. Then again, don't drink too little."
 ~Herman "Jackrabbit" Smith-Johannsen (www.quotegarden.com)

The SUMMITS Calendar!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 RANDALL! Sam Adams Lager with Tetnang	4 Family Night! 5-9pm	5 CRAB!! S Trivia 8p C Trivia 8p double!	6	7 C Trivia 9p S Trivia 10p	8 7-9p Harp
9	10 Summits Univ. Cumming RANDALL! Paulaner Oktober w/Hallersteau	11 Summits Univ. Snellville Family Night! 5-9pm	12 CRAB!! S Trivia 8p C Trivia 8p double!	13	14 C Trivia 9p S Trivia 10p	15 7-9p Leffee Blonde ROGUE ROGUE 15!
16	17 RANDALL! Shakespeare Stout w/ Simcoe	18 Family Night! 5-9pm	19 CRAB!! S Trivia 8p C Trivia 8p double!	20	21 C Trivia 9p S Trivia 10p	22 7-9p PBR
23	24 RANDALL! Warsteiner with Glacier	25 Family Night! 5-9pm	26 CRAB!! S Trivia 8p C Trivia 8p double!	27	28 C Trivia 9p S Trivia 10p	29 7-9p Steinlager