

# At the Summit

the e-zine of Summits Wayside Tavern



24 October, 2006

## Oktoberfest!!!

Pint Nights are held from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

10/25 Bass  
10/26 Maudite  
10/27 Flying Dog  
10/28 Belhaven  
10/29 Redhook  
10/30 Widmer  
10/31 Dales Old Chubb  
11/04 Sweetwater  
11/11 Boddington's  
11/18 Redhook

## RANDALL 10/30

Don't miss next week's Oktoberfest with Tetnang (each store will choose an Oktoberfest beer)  
Get in on the fun!!

## Get Crabby...



Have you heard? "All You Can Eat Crab Legs" every Wednesday from 4 to 10 pm. And it's not just crab - the fries, the chowder, the delight of the plate that is never empty...

## Summits Water!

Quench your thirst with some Summits water! Yes, Summits now has its own bottled water. It's perfect for to-go food, and just anytime. Get some Summits bottled water on your next visit!

## A View from the Summit

### Superstitions & Bad Luck Omens

#### Black Cats

Black cats have long been believed to be a supernatural omen since the witch hunts of the middle ages when cats were thought to be connected to evil. Since then, it is considered bad luck if a black cat crosses your path.



#### Broken Mirrors

An ancient myth our ancestors believed was that the image in a mirror is our actual soul. A broken mirror represented the soul being astray from your body. To break the spell of misfortune, you must wait seven hours (one for each year of bad luck) before picking up the broken pieces, and bury them outside in the moonlight.

#### Ladders

In the days before the gallows, criminals were hung from the top rung of a ladder and their spirits were believed to linger underneath. Common folklore has it to be bad luck to walk beneath an open ladder and pass through the triangle of evil ghosts and spirits.

#### Owls

If an owl looks in your window or if you see one in the daylight bad luck and death will bestow you.

#### Salt

At one time salt was a rare commodity and thought to have magical powers. It was unfortunate to spill salt and said to foretell family disarray and death. To ward off bad luck, throw a pinch over your shoulder and all will be well.

#### Sparrows

(...continued on page 2)

## Summit's Beer Offerings



### Snellville

Sierra Nevada Harvest  
Sierra Nevada Brown Ale  
Big Hoppy Monster  
Left Hand Milk Stout  
Jack's Pumpkin Spiced  
...and 15 different  
Oktoberfest beers!!

### Sandy Springs

Paulaner Oktoberfest  
Warsteiner Oktoberfest  
Spaten Oktoberfest  
Spaten Optimator  
Big Hoppy Monster  
Sam Adams Oktoberfest

### Cumming

Sierra Nevada Harvest  
Flying Dog Dogtoberfest  
Bar Harbor Coal Porter  
Lagunitas  
Hercules IPA  
Big Hoppy Monster

Visit us on the web at [www.summits-online.com](http://www.summits-online.com)



"At the Summit - the e-zine of Summits Wayside Tavern" is published weekly by Summits Wayside Tavern®, a restaurant chain in the southeastern US, head-quartered in Snellville, Georgia serving quality food and beverages.

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## Superstitions... (continued)

Sparrows are thought to carry the souls of the dead and it is believed to bring bad luck if you kill one.

### Unlucky Number #13

The fear of the number 13 is still common today, and avoided in many different ways. Some buildings still do not have an official 13th floor and many people avoid driving or going anywhere on Friday the 13th.

## Good Luck Superstitions

### Horseshoes

To bring good luck, the horseshoe must be lost by a horse and be found by you, with the open end facing your way. You must hang it over the door with the open end up, so the good fortune doesn't spill out.

Another origin of the 'lucky horseshoe' is the belief that they ward off witches. Witches, it was once believed, were opposed to horses, which is why they rode brooms and pitchforks instead. By placing a horseshoe over a door, the witch would be reluctant to enter. (Hat tip: Iris)



### Four Leaf Clover

Clover is believed to protect humans and animals from evil spells and is thought to be good luck to find a four leaf clover, particularly for the Irish.

### Rabbit's Foot

These lucky charms are thought to ward off bad luck and bring good luck. You must carry the rabbit's foot on a chain around your neck, or in your left back pocket. The older it gets, the more good luck it brings.

### Wishbones

Two people are to pull apart a dried breastbone of a turkey or chicken and the one who is left with the longer end will have their wish come true.

*Editor's Note: Each week, we'll bring you a column featuring a thought, story, or even prose by your favorite people at Summits! And don't forget, you too can be published! Contact [snellville@summitsonline.com](mailto:snellville@summitsonline.com) for details!*

## Beer Spotlight

### Red Brick Ale

This deep coppery-red ale is brewed with five distinct malts which are blended in proportion to produce an extremely balanced malt character. Red Brick Ale is slightly sweet with a medium body and smooth creamy head. 1996 silver medal winner for English Brown Ale in 1996 World Beer Cup.

<http://www.atlantabrewing.com/redbrick.htm>



## Cooking With Beer

### Pear Sauteed with Red Beer, Fresh Ginger Cake, and Red Beer Sorbet

#### Sauteed Pears:

- 2 slightly under ripe Anjou pears
- 2 tablespoons honey
- 2 tablespoons sugar
- 2 tablespoons butter
- 1 vanilla bean
- 1 cup red beer
- 1 cup heavy cream

#### Sorbet:

- 2 cups red beer
- 1 cup simple syrup
- 4 (3 inch by 3 inch pieces) ginger cake, store-bought or other flavors ok
- 1 vanilla bean, for garnish
- 4 ginger cookies, store bought ok

Sauteed Pears: Peel, quarter, and core the pears. In a pot, place the honey, sugar, 2 tablespoons of butter, vanilla bean, and red beer, and cook. Add the pears and cook for 3 to 4 minutes, or until brown. Remove the pears when softened and reserve until needed. Add the cream and reduce the sauce by 1/2, remove the vanilla bean.

Sorbet: Mix the red beer with the simple syrup. Mix well freeze according to manufacturer's instructions. Place in the freezer for at least 2 hours before serving.

Place a piece of or an individual ginger cake on each of 4 plates. Fan the quartered pears and place 2 on each plate. Place a scoop of sorbet on each cake. Cover the pears and part of the cake with the beer sauce. Decorate with the vanilla bean and a ginger cookie. Serve.



[http://www.foodnetwork.com/food/recipes/recipe/0,,FOOD\\_9936\\_20498,00.html](http://www.foodnetwork.com/food/recipes/recipe/0,,FOOD_9936_20498,00.html)

## Beer Geek

### Paulaner Oktoberfest

The Paulaner Oktoberfest-Bier is festive, hearty and especially tasty and is brewed especially for the most famous public fair in the world. Each year over one million beer stein ("Maß") of it are served at the Oktoberfest. You can get that Oktoberfest feeling directly at home with this yellowy-gold seasonal speciality with the light hops taste, however only between July and October.

[http://64.233.179.104/translate\\_c?hl=en&u=http://www.paulaner.de/index\\_frame.htm&prev=/search%3Fq%3Dpaulaner%2Bbeer%26hl%3Den%26lr%3D%26rls%3DSNYC,%3DSNYC:2004-20,%3DSNYC:en](http://64.233.179.104/translate_c?hl=en&u=http://www.paulaner.de/index_frame.htm&prev=/search%3Fq%3Dpaulaner%2Bbeer%26hl%3Den%26lr%3D%26rls%3DSNYC,%3DSNYC:2004-20,%3DSNYC:en)



## The Passport Club

Take a trip around the world with 100 different draft beers from our extensive draft list and you'll receive a personalized 20 oz. dimpled mug from Summits Wayside Taverns®. There is a \$2.00 registration fee, but 100% of that is donated to Habitat for Humanity. Isn't that reason enough to join? The Passport Club works like this:

1. Tell your server you'd like to join the Passport Club.
2. Your server will bring you a form to fill out and your own personal beer list. The beer list stays at Summits for your convenience.
3. Fork over the two bucks and order a draft.

That's it! Your server will provide your own draft menu on which we'll keep a record of your beer journey. Each time you stop in, just ask for your passport list.

Already got your mug? Try for Passport Club Tier II! This time you get to tour our bottled beers.

For more information about the adventure, go to our website: [summits-online.com/passport.html](http://summits-online.com/passport.html)

### Passport Club





## Spotlight on Food!

### Pepperocini Calamari

Lightly breaded and fried pieces of calamari tossed with pepperocinis and served with a chunky marinara sauce.



### Tuna Steak Salad

A marinated filet of grilled Pacific tuna on a bed of greens, cheddar cheese, vidalia onions & vine ripened tomato. Served with our lite house dressing.

For a full look at our menu, click on [www.summits-online.com](http://www.summits-online.com) and let your food adventure begin.

## Did You Know?

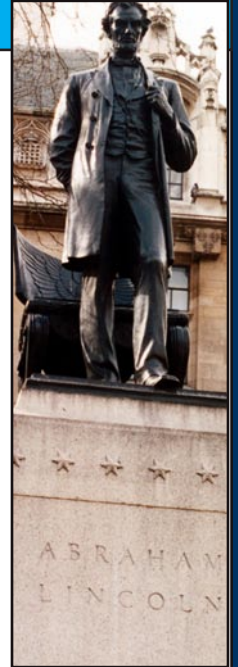
Alcohol consumption decreases during the time of the full moon.

Abraham Lincoln, the sixteenth president of the US, stated that "It has long been recognized that the problems with alcohol relate not to the use of a bad thing, but to the abuse of a good thing."

Beer and Bras. British men have been found twice as likely to know the price of their beer as their partner's bra size.

One or two alcohol drinks a day can be anti-inflammatory. (Of course, always consult your physician for medical advice.)

<http://bitsandpieces1.blogspot.com/2005/10/alcohol-trivia.html>



## Quote of the Week

*Draft beer, not people. ~Author Unknown*

## Your Weekly Summits Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	7-9p 28
Kirin	Brooklyn	Pilsner Urquell	Bass	Maudite	Flying Dog	Belhaven
	RANDALL! Cascade with Rogue Dead Guy Ale	SN Poker!! 7:30 p	CRAB!! C Trivia 8p double!		C Trivia 9p SN Trivia 10p SS Trivia 10p	
29	30	31	Nov. 1	2	3	7-9p 4
Redhook	Widmer	Dales Old Chubb				Sweetwater
	RANDALL! Octoberfest / Tetnang	SN Poker!! 7:30 p	CRAB!! C Trivia 8p double!		C Trivia 9p SN Trivia 10p SS Trivia 10p	
5	6	7	8	9	10	7-9p 11
	RANDALL! Anchor Steam / Northern Brewer	SN Poker!! 7:30 p	CRAB!! C Trivia 8p double!		C Trivia 9p SN Trivia 10p SS Trivia 10p	Boddington
12	13	14	15	16	17	7-9p 18
	Tasting -Cumm RANDALL! Heavy Seas Loose Cannon / Nugget	Tasting-Snell	Tasting-Sandy ROGUE 15!!! CRAB!!			Redhook
		SN Poker!! 7:30 p	C Trivia 8p double!		C Trivia 9p SN Trivia 10p SS Trivia 10p	