

# At the Summit

the e-zine of Summits Wayside Tavern



22 August, 2006

## PINT NIGHTS

Pint Nights are held from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

08/26 Peroni  
09/02 Woodchuck Pear  
09/09 Labatt Blue  
09/16 Erdinger

## SPECIAL EVENTS

8/25 Firkin Tapping!  
Old Savannah Brewing's Cask Pale Ale will be tapped at 6pm!

8/28 Randall Monday...  
Sweetwater 420 with Willemette hops

## Summits Water!

Quench your thirst with some Summits water! Yes, Summits now has its own bottled water. It's perfect for to-go food, and just anytime. Get some Summits bottled water on your next visit!

## Get Crabby...



Have you heard? "All You Can Eat Crab Legs" every Wednesday from 4 to 10 pm. And it's not just crab - the fries, the chowder, the delight of the plate that is never empty...

Sandy Springs does an encore performance of All You Can Eat Crabs on Saturday nights - be there!

## A View from the Summit

### The Georgia Transplant Foundation

This year Summits will devote \$0.50 from each burger sold during September's Burger Month to the Georgia Transplant Foundation. You'll be hearing more about Burger Month and the delicious burgers that it features. Below you will find more information about the GTF and what it's goals are.

Ann Sechrist is a Summits mug holder and member of "The Snellville Beer Society". She shares her story and connection with GTF with you hoping to create awareness for this worthy organization.

#### What is the Georgia Transplant Foundation?

The Georgia Transplant Foundation (GTF) is a nonprofit organization that serves Georgia's organ transplant candidates, recipients, living donors and their families. Tommy Smith, a kidney recipient, and a group of transplant social workers founded GTF in 1992. GTF is a 501(c)(3) (non-profit) organization funded through the generosity of foundations like the Carlos and Marguerite Mason Trust, foundations, corporations and individuals.

#### What are the goals of the GTF?

The goals of GTF are to help meet the needs of organ transplant candidates, recipients, living donors, and their families by providing information and education regarding organ

transplantation, granting financial assistance and being an advocate for sustaining and enriching lives everyday.

The need for an organization like GTF is evident when examining the cost of transplantation and follow-up costs. The average cost of medications per year for an organ recipient is \$25,000-\$30,000. In addition, annual follow-up costs to maintain an organ transplant are continually on the rise. For example, follow-up costs to maintain a kidney will average \$60,000 in 2006, and will average \$100,000 to maintain a liver or heart in 2006.

GTF plays a tremendous impact in the life of a transplant recipient by offering seven financial assistance programs, the JobLink program, an accredited employment and career service development program, and a Mentor Project, providing one to one contact between people living successfully with a transplant and people who are new to transplantation.

In 2004, GTF provided over \$700,000 in emergency financial assistance grants. The average grant was \$1,176 per client. GTF also supported over 1500 hours of mentoring for waiting candidates and transplant recipients. In addition, GTF's return to work program, JobLink, placed 77 transplant recipients in jobs that provide adequate earnings and insurance coverage and made 135 job referrals saving tax payers almost 4 million dollars. Through 2006, (...continued on page 2)

## Summit's Beer Offerings



### Snellville

Avery IPA  
Chimay Triple  
DAB Dark  
Sierra Nev. Celebration  
Sierra Nevada Bigfoot  
Terrapin Imperial Pilsner

### Sandy Springs

Grt Div Yeti Imp.Stout  
Grt Div Herc Double Ipa  
Avery IPA  
Snow Cougar- bottle  
Piasp - bottle  
Zywiec- bottle

### Cumming

Left Hand Milk Stout  
Left Hand Sawtooth Ale  
Grt Div Yeti Imp.Stout  
Snow Cougar- bottle  
Piasp- bottle  
Effes- bottle

Visit us on the web at [www.summits-online.com](http://www.summits-online.com)



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## Find your Summits!

### Locations

**Summits Wayside Tavern® - Sandy Springs**

5830 Roswell Road  
Sandy Springs, GA 30328  
Phone: 404-257-0735  
Fax: 404-257-1298

[summits-online.com/sandysprings/](http://summits-online.com/sandysprings/)

**Summits Wayside Tavern® - Snellville**

3334 Stone Mtn. Hwy. (Hwy 78)  
Snellville, GA 30078  
Phone: 770-736-1333  
Fax: 770-736-0041

[summits-online.com/snellville/](http://summits-online.com/snellville/)

**Summits Wayside Tavern® - Cumming**

525 Lake Center Pkwy.  
Cumming, GA 30040-2752  
Phone: 770-886-4374

Fax: 770-886-4376

[summits-online.com/cumming/](http://summits-online.com/cumming/)

## "Georgia Transplant Foundation..." (cont. from page 1)

GTF plans to more than double the number of clients served to more than 1,100 annually and the total financial assistance provided to \$1.25 million annually.

### How did you become involved with the GTF?

I became involved in GTF when asked to speak at their annual Wellness Conference several years ago. I was asked to talk about volunteering for organ and tissue donation and what it meant to me in an effort to get others involved. Donation has helped my family's grief. There is always a positive in every negative – our positive in Clayton's death is donation.

A few years later GTF asked me to attend the Wellness Conference to represent donor families in Georgia. GTF/recipients wanted to say thank you to all donor families for the gift of life. It was a very heart warming and emotional experience.

Clayton's heart recipient used the services of GTF. GTF supports the recipients in times of need to keep their transplant successful.

### What are the biggest challenges of the GTF?

Some substantial challenges that GTF experiences are making the community at large aware of the challenges of organ transplantation. Many are unfamiliar with what an organ transplant is and how the process of transplantation affects the entire family unit. Many also immediately think GTF is the organ procurement agency in the state – meaning we help convince families to consider organ donation and match donors with recipients. Although we obviously promote organ donation, it's not our core mission. We want the entire state to know about the beneficial programs and services GTF offers to the transplant community.

### How do you go about creating awareness for the GTF?

Awareness for GTF is created in several ways. GTF is successfully marketed to countless newspapers, magazines, radio stations, and television stations throughout the state of Georgia. GTF sponsors several events throughout the year not only to fundraise, but to become more visible in the city as well. Each year, GTF sponsors a Wellness Conference that benefits the transplant community by educating them on the latest advancements in treatment, insurance coverage, medications, and other continued wellness issues. This is very effective in creat-

ing awareness for GTF. In addition, GTF has expanded its outreach initiative to emphasize more outlying cities throughout the state, such as Albany, Augusta, Columbus, Macon, Rome, and Savannah. GTF is creating awareness in these areas by attending community events such as health fairs, festivals, parades, and some church functions. GTF sponsors "Trends in Transplant" that serve as mini Wellness Conferences and provide a more convenient opportunity for Georgians outside of the Metropolitan Atlanta area to participate and learn more about GTF's programs.

### Why should people become involved in organ donation?

Ann's answer: Why not? What greater gift than the gift of life? Because donation is the right thing to do. Organ donation is not about death, it is about life. The gift of life. We are all here in this world together and if we can help one another I believe we should. It is the ultimate recycling program. There are approximately 88,000 people nationally on the UNOS list awaiting an organ. These people will die if they do not receive a transplant. People die all the time that could be donors. What good is it to leave this world with your organ and tissues? Once you have died you don't need your earthly body anymore – why not let others benefit? It doesn't make sense to me. It's been said that if everyone said yes to donation that were eligible, there would not be a waiting list.

GTF's answer: People should become involved in organ donation because it is a critical opportunity to save and improve the quality of lives of thousands of people throughout the country. In Georgia alone, more than 1,600 people are waiting for a transplant. Though GTF acknowledges the utter need and importance of promoting organ donation, recruiting organ donors is not a central focus of the organization.

### How do you become an organ donor?

In Georgia you can indicate your wishes on your driver's license or sign an organ donor card available through LifeLink of Georgia (<http://www.lifeflinkfound.org/>). The most important thing to do is to make an informed decision regarding donation and then communicate that decision to your family so they can honor your wishes. Donation is not a decision that can be made by others under the stress of the death of a loved one. Make your decision and share your decision to donate ahead of time – like now! .

(...continued on page 3)

## "Georgia Transplant Foundation..." (cont. from page 2)

### How did you first come to know Summits Wayside Tavern?

Let's see, a good friend of mine, George Miller introduced me to Summits. I believe his friend, Paul Shelton introduced him to Summits. When George told Nelson and I about Summits my response was, "I am not going to hang around a bar". Oh he said, "but you will like this place." I resisted for quite awhile and then finally gave in. We were hooked immediately on the variety of beer, the expertise of the wait staff, and the quality of the food. Summits opened a whole new world to us of the different type of beers, where and how they are brewed, and what food goes with what type of beer. We have become beer snobs! Truly a learning experience and we continue this journey at Summits Institute of Higher Living on a monthly basis. Thank you Andy and staff!

### How was the Snellville Beer Society born?

Well, that's a difficult one to answer. Once we started going up to Summits on Friday nights we started inviting all our friends and they invited their friends. All of a sudden we had a rather large group and named this group The Beer Society of Snellville, GA. It became our wind down on Friday evenings. Our son, Clayton, died in 1996 at the age of 16. This is truly the worst thing that has ever happened to us. Weekends were very difficult because that is family time and we missed Clayton terribly. Having a group of

friends to get together with on Friday at Summits made the week-ends easier. We received a lot of support from The Beer Society those first years and still do. We can say Clayton's name and they don't run or avoid us. Summits is like Cheers to us - "where everybody knows your name."

### Who are its members? (generally speaking)

The members are from all different backgrounds and have a wide variety of interests. I will say we are all baby boomers and a few former hippies. We enjoy good beer, good food, music, theater, boating, traveling, reading, tennis, golf, and many other things!

### What is your motivation for maintaining your involvement with the GTF?

As a donor family, we want the best for recipients. When a family donates out of love for others at a time of intense grief and shock, their ultimate wish is for the recipient to be well and live a long, productive life. Clayton's donation helped 43 different people.

GTF's goal is to help the recipient and their family live with transplantation – helping financially, emotionally, providing mentors, working with the DOL (Job Link) to reemploy recipients, etc., etc. GTF supports recipients so they can resume a productive, full life after transplantation – going hand in hand with donor family wishes. I work with many recipients and they are a continuous reminder that we made the correct decision in donating.

## Beer Spotlight

### Rolling Rock

Rolling Rock is a brand of pale lager beer. The brand is owned by Anheuser-Busch of St. Louis, Missouri.

It is distinctive in several ways. It is one of the brands of beer distributed in green glass bottles with painted, rather than printed labels.

Rolling Rock bottles showing their distinctive painted labels. The number 33 is printed on bottles of Rolling Rock. A widely believed explanation is that prohibition was repealed in 1933. However, according to James L. Tito, once CEO of Latrobe Brewing, the 33 signifies the thirty-three words in their slogan.

[http://en.wikipedia.org/wiki/Rolling\\_Rock](http://en.wikipedia.org/wiki/Rolling_Rock)

## Beer Geek

### Koningshoeven Blond

Brewed at the Abbey of 'Onze Leve Vrouw van Koningshoeven' in the Dutch province of North Brabant, where, since 1884 the fathers have been brewing a truly glorious beer for the real connoisseur using traditional methods.

The 'Blond' is a clear, sparkling and highly fermented beer that drinks easily. By using specially selected hop plants the beer takes on a gently bitter aftertaste. Its fresh and aromatic smell is also one its characteristics. Our 'Blond' is 6.5% proof and is available by the bottle as well as by cask.

<http://www.bavariahollandbeer.us/koningshoeven.html>

## The Passport Club

Take a trip around the world with 100 different draft beers from our extensive draft list and you'll receive a personalized 20 oz. dimpled mug from Summits Wayside Taverns®. There is a \$2.00 registration fee, but 100% of that is donated to Habitat for Humanity. Isn't that reason enough to join? The Passport Club works like this:

1. Tell your server you'd like to join the Passport Club.
2. Fill out the form found in the beer lists at your table.
3. Fork over the two bucks and order a draft.

That's it! Your server will provide your own draft menu on

which we'll keep a record of your beer journey. Each time you stop in, just ask for your passport list.

Already got your mug? Try for Passport Club Tier III! This time you get to tour our bottled beers.

For more information about the adventure, go to our website:

[summits-online.com/passport.html](http://summits-online.com/passport.html)

### Passport Club



## Spotlight on Food

Try a COLD smoothie! We can make them in 7 different flavors! They are frozen non-alcoholic ice cream based drinks that hit the spot on a hot summer day! Strawberry, banana, raspberry, pina colada, chocolate, vanilla, and mango – order one today!

For a full look at our menu, click on [www.summits-online.com](http://www.summits-online.com) and let your food adventure begin.



## Did You Know?

Hooch or hootch is an American slang word popular during prohibition for illegally produced alcoholic liquor. It is also a colloquialism for cheap liquor.

The word originated in the late 19th century in Alaska. A small Tlingit tribe, the Hutsnuwu (Hoochinoo) Indians lived on Admiralty island, south of Juneau, and were distilling their own alcoholic liquor from molasses in the late 19th century (they probably learned the distillation process from American trappers). The product became known as 'hoot-chinoo', 'hooch' or 'hootch', and a 'Report on the Population of Alaska' published with the 1890 U.S. census, stated that the cause of 'nearly all the trouble in this country' was 'hoochinoo' or 'hooch'.



<http://www.foodreference.com/html/falcohol.html>

## Quote of the Week

*Adhere to Schweinheitsgebot. Don't put anything in your beer that a pig wouldn't eat.*  
- David Geary

## Your Weekly Summits Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
	<b>RANDALL!</b> Amarillo/Terrapin		<b>All You Can Eat CRAB!!</b>		<b>FIRKIN!!!</b>	<b>Peroni</b>
		SN Poker!! 7:30 p SS Poker!! 8p	C Trivia 8p <b>double!</b>		C Trivia 9p SN Trivia 10p SS Trivia 10p	<b>SS - All You Can Eat CRAB!!</b>
27	28	29	30	31	Sept. 1	2
	<b>RANDALL!</b> Willamette / SweetW		<b>All You Can Eat CRAB!!</b>			<b>Woodchuck Pear</b>
		SN Poker!! 7:30 p SS Poker!! 8p	C Trivia 8p <b>double!</b>		C Trivia 9p SN Trivia 10p SS Trivia 10p	<b>SS - All You Can Eat CRAB!!</b>
3	4	5	6	7	8	9
	<b>RANDALL!</b> TBA		<b>All You Can Eat CRAB!!</b>			<b>LaBatt Blue</b>
		SN Poker!! 7:30 p SS Poker!! 8p	C Trivia 8p <b>double!</b>		C Trivia 9p SN Trivia 10p SS Trivia 10p	<b>SS - All You Can Eat CRAB!!</b>
10	11	12	13	14	15	16
	Summits Univ. Cumming	Summits Univ. Snellville	Summits Univ. Sandy Springs <b>All You Can Eat CRAB!!</b>		<b>ROGUE 15!!!</b>	<b>Erdinger</b>
	<b>RANDALL!</b> TBA	SN Poker!! 7:30 p SS Poker!! 8p	C Trivia 8p <b>double!</b>		C Trivia 9p SN Trivia 10p SS Trivia 10p	<b>SS - All You Can Eat CRAB!!</b>