

At the Summit

the e-zine of Summits Wayside Tavern



7 June, 2005

PINT NIGHTS

Pint Nights are held on the days below from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

06/11 Pilsner Urquel
06/17 O'm'ng Hennepin
06/18 Shiner Hefe
06/24 Wexford Irish Cream
06/25 Rogue Am. Amber
07/02 Sam Adams

Get your boots on!

Join Summits in Snellville for a hike up Stone Mountain! Walk up Stone Mountain! Meet at Summits in Snellville on Sunday, June 11 at 11 am and walk up the Mountain!



POKER!!!

Play Poker starting this Tuesday, June 7th, at our Sandy Springs Summits! Sign up is at 7 pm. First and second place winners will receive Condors (Summit money) !! See you there!



Belgian Month Benefits GA Transplant!

The "Everything Belgian" menu is in full swing at Summits! Thanks to all of you that have already enjoyed some of these delicious menu items. As you know a portion of the proceeds from each "Everything Belgian" menu item sold in June will benefit Georgia Transplant Foundation.

Don't miss out on this exciting menu this month!

Our spokesperson for this foundation, Ann Sechrist, has compiled a list of common questions that most of us have in relation to organ and tissue donation. She also clarifies some common "Facts & Myths".

Make an informed decision – Information and knowledge is the key to making an informed decision. Organ donation is not about death, it is about life. The gift of life.

Currently 88,000 plus nationally on the waiting list for organs – picture a football stadium at capacity – that's would represent approximately 88,000 people.

The Short List of Facts:

- Georgia – 1,600+ on list
 - One body can help up to 60 people.
 - Every 16 minutes someone is added to the waiting list.
 - 17 people die daily while on the waiting list.
 - Each day, about 74 people receive an organ transplant.
 - 15,000 brain deaths in U.S., only 30% donate.
 - Demand is far greater than supply although it is said that if everyone who could donate would, there would be no waiting list.
 - Nationally: Transplants January - February 2005 4,375; Donors January - February 2005 2,264
 - Brain death is the only way to donate organs, must have heart and lung function to donate
 - No age restrictions to donate
 - Only rule outs to donation – HIV and active hepatitis
 - No charge to donor family
 - No disfigurement to body
 - All major religions support donation
 - Most people agree with donation, they don't discuss with family.
- What can be donated?**
- Organs: heart, kidneys, pancreas, lungs, liver, and intestines
 - Tissue: cornea, skin, bone marrow, heart valves, and connective tissue
 - Bone marrow
- Organ Donation Websites:**
- <http://www.organdonor.gov>
 - <http://www.shareyourlife.org/>
 - <http://www.unos.org>

Summit's Beer Offerings

Snellville

Sierra Nevada IPA
Sierra Nevada Summer
Sweetwater Summer
Sam Adams Summer
Th. Creek Van. Cream
Ommegang Hennepin

Sandy Springs

New River Pale Ale
Sierra Nevada IPA
Sierra Nevada Summer
Saison DuPont
Kapitel
Sweetwater Summer

Cumming

Sierra Nevada IPA
New River Pale Ale
Ommegang Hennepin
Brooklyn Scotch
Brooklyn Pennent
Sam Adams Summer

Visit us on the web at www.summits-online.com



"At the Summit - the e-zine of Summits Wayside Tavern" is published weekly by Summits Wayside Tavern®, a restaurant chain in the southeastern US, head-quartered in Snellville, Georgia serving quality food and beverages.

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Myths & Facts About Organ & Tissue Donation

Don't let myths and rumors keep you from saving lives. Learn the facts.

Myth: Doctors will not try to save my life if they know I want to be a donor.

Fact: The medical staff trying to save lives is completely separate from the transplant team. Donation takes place and transplant surgeons are called in only after all efforts to save a life have been exhausted and death is imminent or has been declared.

Myth: People can recover from brain death.

Fact: People can recover from comas, but not brain death. Coma and brain death are not the same. Brain death is final.

Myth: Minorities should refuse to donate because organ distribution discriminates by race.

Fact: Organs are matched by factors, including blood and tissue typing, which can vary by race. Patients are more likely to find matches among donors of their same race or ethnicity.

Myth: The rich and famous on the U.S. waiting list for organs get preferential treatment.

Fact: The computerized matching system does not select recipients based on fame or wealth. Organs are matched by blood and tissue typing, organ size, medical urgency, waiting time, and geographic location.

Myth: I am too old to donate organs and tissues.

Fact: People of all ages may be organ and tissue donors. Physical condition, not age, is important. Please sign a donor card; physicians will decide whether your organs and tissues can be transplanted.

Myth: My family will be charged for donating my organs.

Fact: Donation costs are not the responsibility of the donor's family or estate.

Myth: Donation will disfigure my body.

Fact: Organs and tissues are removed in procedures similar to surgery, and all incisions are closed at the conclusion of the surgery. An open casket funeral is possible after donation.

Myth: Organs are sold, with enormous profits going to the medical community.

Fact: Federal law prohibits buying and selling organs in the U.S. Violators are punishable by prison sentences and fines.

Myth: Marrow donation is painful.

Fact: Marrow donors do not feel pain when the marrow is removed because anesthesia is used. Soreness and/or stiffness may be felt for a week or so post-donation.

If I sign a donor card, will it affect the quality of medical care I receive at the hospital?

No! Every effort is made to save your life before donation is considered

Beer Spotlight: Holy Grail Ale

Holy Grail Ale

Another fine addition to the Black Sheep Brewery range of premium bottled ales, our Holy Grail Bitter was specially commissioned to commemorate the 30th anniversary of Monty Python.

It has a distinctive taste with plenty of fruity hops, and is full flavoured with a dry and refreshing bitterness

<http://www.blacksheepbrewery.com/beers/bottled.cfm>



Cooking With Beer!

Peanut Butter Chicken Wings Recipe

The spicy sauce gets an Asian influence from peanut butter. These fast and easy baked wings will be a hit at any party or celebration.

INGREDIENTS:

- * 50 chicken wings, wing tips removed (save for future soup stock, if desired)
- * 2 (12-ounce) bottles beer
- * 1 cup molasses
- * 1/2 cup creamy peanut butter
- * 1/2 cup fresh lemon juice
- * 1/2 cup Worcestershire sauce
- * 1/4 cup prepared mustard
- * 1 teaspoon salt
- * 2 tablespoons chili powder
- * 1/4 cup chopped fresh parsley, for garnish
- * 1 to 2 lemons, sliced thin, for garnish



PREPARATION:

Preheat oven to 450 degrees F. Line a large roasting pan with foil. Cut chicken wings in half at the joint and place wings evenly in roasting pan. In a large, heavy saucepan, combine the beer, molasses, peanut butter, lemon juice, Worcestershire sauce, mustard, salt, and chili powder. Bring to a boil, reduce heat, and simmer over low heat about 15 minutes until sauce has reduced and thickened. Pour sauce over chicken wings, tossing to coat each wing. Bake for 20 minutes. Remove from the oven and let rest for 10 minutes. Place wings on a large platter, and sprinkle with chopped parsley. Garnish with lemon slices and serve. Yield: 15 to 20 servings

<http://homecooking.about.com/od/appetizerrecipes/r/blapp22.htm>

Beer Connoisseur

St-Feuillien Triple

(8.5 alc. vol.)

This beer has a white, smooth and very compact head. Its pale amber colour is very characteristic revealing a distinctive maltiness. It has a rich aroma with a unique combination of aromatic hops, spices and the typical bouquet of fermentation - very fruity. Secondary fermentation in the bottle gives it a unique aroma due to the presence of yeast. St Feuillien Triple has a very strong and exceptionally lingering taste thanks to its density and its long storage period.

Whether served as a refreshing aperitif in summer or savoured during the winter months, the Triple is a connoisseur's beer par excellence!

<http://www.st-feuillien.com/fsf03eng.html>



Condors make excellent gifts!

Shopping for the hard to please person? Need to reward an employee?

Condors to the rescue!

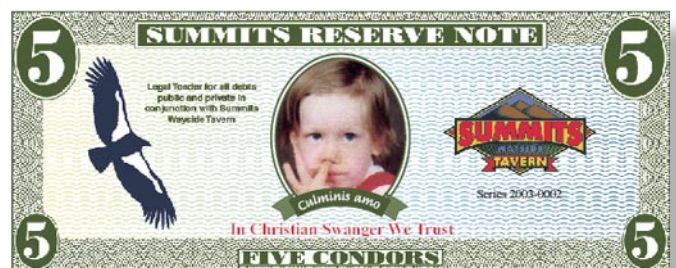
Condors, Summits money, come in \$5.00 denominations, and are bought in increments of \$20.00. What better way to say "You're Special" than with Summits Condors??

Put your family, a favorite vacation spot, or even a beloved pet on your money.

Ask your friendly Summits server for details.

And don't forget - you can win Condors by submitting an article or photo - email us for details!

Editor@summits-online.com



Spotlight on Food

Take yourself back to yesterday, or last Tuesday, and remember the last old-fashioned Rootbeer Float that you had! If it's been too long, and it always is, have one at Summit's! We scoop vanilla ice cream into a frosty liter glass and fill it to the top with cold Rootbeer! Perfect for the Summer heat!

For a full look at our menu, click on www.summits-online.com and let your food adventure begin.



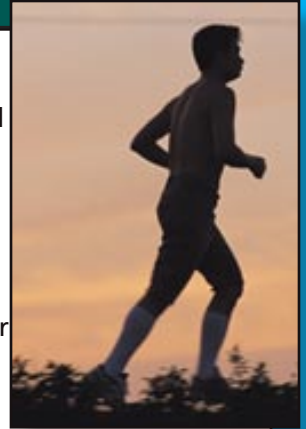
Did You Know?

Two gallons of beer a day was part of the rations allocated to each youngster in the Children's Hospital of Norwich England. This, in 1632. Beer is food, the English said.

Researchers at the Department of Agriculture say laboratory rats that drink beer live six times longer than rats that drink only water.

Drink beer after strenuous exercise. So advised a prominent German doctor. In a symposium, he told scientists: Beer is high in carbohydrates and vitamin B. Its malt compensates for sugar deficiency after athletic activities.

SOURCE FOR ALL: L.M. Boyd's Grab Bag



Quote of the Week

Never accept a drink from a urologist.
-Erma Bombeck

Your Weekly Summits Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6 Summits U 7pm Cumming SN Trivia 7:30p	7 Summits U 7pm Snellville	8 Summits U 7pm Sandy Springs C Trivia 8p double!	9	10 C Trivia 9p SN Trivia 10p SS Trivia 10p	7-9p 11 Pilsner Urquel SS Trivia 9p
12	13 SN Trivia 7:30p	14	15 ROGUE 15! C Trivia 8p double!	16	17 Ommegang Pint! C Trivia 9p SN Trivia 10p SS Trivia 10p	7-9p 18 Shiner Hefe SS Trivia 9p
19	20 SN Trivia 7:30p	21	22 C Trivia 8p double!	23	24 Wexford Pint! C Trivia 9p SN Trivia 10p SS Trivia 10p	7-9p 25 Rogue Amer Amb SS Trivia 9p
26	27 SN Trivia 7:30p	28	29 C Trivia 8p double!	30	July 1 C Trivia 9p SN Trivia 10p SS Trivia 10p	7-9p 2 Sam Adams SS Trivia 9p