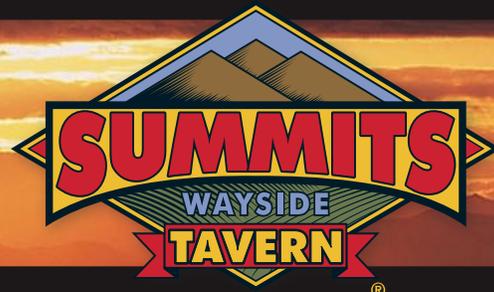


# At the Summit

the e-zine of Summits Wayside Tavern



24 May, 2005

## PINT NIGHTS

Pint Nights are held on the days below from 7-9 pm at all locations. Drink a pint and keep the glass! (while supplies last!)

05/28 Thomas Creek Van.  
06/04 Mike's Hard Lemon  
06/11 Pilsner Urquell  
06/18 Shiner Hefe  
06/25 Rogue Am. Amber  
07/02 Sam Adams

## Library Books

### Library Book Drive

It's that time of year again-Spring Cleaning!

Clean out all those books that you've already read, and bring them to Summits! Summits will be donating all books at the end of May to Goodwill!

## Kid's Free Dessert!

What could be better than free ice cream???

Your child (12 and under) will receive a free Waffle-Wich with each kid's entree in the month of May! What is a Waffle-Wich? It's our own creation of vanilla ice cream sandwiched between two chocolate waffles. And it is scrumptious!



## A View from the Summit

### The Georgia Transplant Foundation

One of the things that has always made Summits Wayside Tavern different from most other establishments is its sense of community. The management and staff do their part to serve the guests of our stores, as well as the communities where we operate in the best ways possible. However, what makes Summits great is the sense of community that our most loyal patrons have instilled in our stores. This is their "place" away from home, this is where they congregate, celebrate, commiserate, and enjoy themselves with other members of their "community".

Today, I'd like to introduce one of our long time valued customers in Snellville, Ann Sechrist. Ann, her family, and her friends have been with us for a very long time. They have aided in creating the atmosphere that is now present in our Snellville store. They have created the "Snellville Beer Society" and even dedicated a website to it at [www.snellville-beersociety.com](http://www.snellville-beersociety.com)! So, thank you Ann, Nelson, Catherine, Paul, Joy, George, Caroline, Diane, Sue, and the many others that are part of this special group! In this interview with Ann she shares some very personal details about a

cause that is dear to her heart... the Georgia Transplant Foundation.

During the month of June all three Summits Wayside Tavern locations will feature a special "Everything Belgian" menu that features Belgian cuisine. A portion of the sales of these menu items will be donated to the Georgia Transplant Foundation. Thanks Ann for your passion.... Thanks to all of you for your support.

### What is the Georgia Transplant Foundation?

The Georgia Transplant Foundation (GTF) is a nonprofit organization that serves Georgia's organ transplant candidates, recipients, living donors and their families. Tommy Smith, a kidney recipient, and a group of transplant social workers founded GTF in 1992. GTF is a 501(c)(3) (non-profit) organization funded through the generosity of foundations like the Carlos and Marguerite Mason Trust, foundations, corporations and individuals.

### What are the goals of the GTF?

The goals of GTF are to help meet the needs of organ transplant candidates, recipients, living donors, and their families by provid- (...continued on page 2)

## Summit's Beer Offerings



### Snellville

Kwak  
Sweet'r Summer Hummer  
Carlsberg  
Tetley's  
Terrapin Rye Squared  
Red Brick Bock

### Sandy Springs

Hennepin  
Sweet'r Summer Hummer  
Carlsberg  
Tetley's  
Terrapin Rye Squared  
Red Brick Bock

### Cumming

Sweetwater Summer  
Sam Adams Summer  
Tetley's  
Kwak  
Luete Bok  
Anchor Summer

Visit us on the web at [www.summits-online.com](http://www.summits-online.com)



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## Find your Summits!

### Locations

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Fax: 404-257-1298

[summits-online.com/sandysprings/](http://summits-online.com/sandysprings/)

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Snellville, GA 30078  
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Fax: 770-736-0041

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Cumming, GA 30040-2752  
Phone: 770-886-4374  
Fax: 770-886-4376

[summits-online.com/cumming/](http://summits-online.com/cumming/)

## "Georgia Transplant Foundation..." (cont. from page 1)

ing information and education regarding organ transplantation, granting financial assistance and being an advocate for sustaining and enriching lives everyday.

The need for an organization like GTF is evident in simply examining the cost of transplantation and its follow-up costs. The average cost of medications per year for an organ recipient is \$25,000-\$30,000. In addition, annual follow-up costs to maintain an organ transplant are continually on the rise. For example, follow-up costs to maintain a kidney will average \$60,000 in 2006, and will average \$100,000 to maintain a liver or heart in 2006.

GTF plays a tremendous impact in the life of a transplant recipient by offering seven financial assistance programs, the JobLink program, an accredited employment and career service development program, and a Mentor Project, providing one to one contact between people living successfully with a transplant and people who are new to the world of transplantation.

In 2004, GTF provided over \$700,000 in emergency financial assistance grants. The average grant was \$1,176 per client. GTF also supported over 1500 hours of mentoring for waiting candidates and transplant recipients. In addition, GTF's return to work program, JobLink, placed 77 transplant recipients in jobs that provide adequate earnings and insurance coverage and made 135 job referrals saving the tax payers almost 4 million dollars. Through 2006, GTF plans to more than double the number of clients served to more than 1,100 annually and the total financial assistance provided to \$1.25 million annually.

### How did you become involved with the GTF?

I became involved in GTF when asked to speak at their annual Wellness Conference several years ago. I was asked to talk about volunteering for organ and tissue donation and what it meant to me in an effort to get others involved. Donation has helped my fam-

ily's grief. There is always a positive in every negative – our positive in Clayton's death is donation.

A few years later GTF asked me to attend the Wellness Conference to represent donor families in Georgia. GTF/recipients wanted to say thank you to all donor families for the gift of life. It was a very heart warming and emotional experience.

Clayton's heart recipient has also used the services of GTF. GTF truly supports the recipients in times of need to keep their transplant successful.

### What are the biggest challenges of the GTF?

Some of the more substantial challenges that GTF experiences are making the community at large aware of the challenges of organ transplantation. Many are unfamiliar with what an organ transplant is and how the process of transplantation affects the entire family unit. Many also immediately think GTF is the organ procurement agency in the state – meaning we help convince families to consider organ donation and match donors with recipients. Although we obviously promote organ donation, it's not our core mission. We want the entire state to know about the beneficial programs and services GTF offers to the transplant community.

### How do you go about creating awareness for the GTF?

Awareness for GTF is created in several ways. GTF is successfully marketed to countless newspapers, magazines, radio stations, and television stations throughout the state of Georgia. GTF sponsors several events throughout the year not only to fundraise, but to become more visible in the city as well. Each year, GTF sponsors a Wellness Conference that benefits the transplant community by educating them on the latest advancements in treatment, insurance coverage, medications, and other continued wellness issues. This is also very effective in creating aware-

(...continued on page 3)



## "Georgia Transplant Foundation..." (cont. from page 2)

ness for GTF. In addition, GTF has expanded its outreach initiative to emphasize more outlying cities throughout the state, such as Albany, Augusta, Columbus, Macon, Rome, and Savannah. GTF is creating awareness in these areas by attending community events such as health fairs, festivals, parades, and some church functions. GTF sponsors "Trends in Transplant" that serve as mini Wellness Conferences and provide a more convenient opportunity for Georgians outside of the Metropolitan Atlanta area to participate and learn more about GTF's programs.

### Why should people become involved in organ donation?

Ann's answer: Why not? What greater gift than the gift of life? Because donation is the right thing to do. Organ donation is not about death, it is about life. The gift of life. We are all here in this world together and if we can help one another I believe we should. It is the ultimate recycling program. There are approximately 88,000 people nationally on the UNOS list awaiting an organ. These people will die if they do not receive a transplant. People die all the time that could be donors. What good is it to leave this world with your organ and tissues? Once you have died you don't need your earthly body anymore – why not let others benefit? It doesn't make sense to me. It's been said that if everyone said yes to donation that were eligible, there would not be a waiting list.

GTF's answer: People should become involved in organ donation because it is a critical opportunity to save and improve the quality of lives of thousands of people throughout the country. In Georgia alone, more than 1,600 people are waiting for a transplant. Though GTF acknowledges the utter need and importance of promoting organ donation, recruiting organ donors is not a central focus of the organization.

### How do you become an organ donor?

In Georgia you can indicate your wishes on your driver's license or sign an organ donor card available through LifeLink of Georgia (<http://www.lifelinkfound.org/>). The most important thing to do is to make an informed decision regarding donation and then communicate that decision to your family so they can honor your wishes. Donation is not a decision that can be made by others under the stress of the death of a loved one. Make your decision and share your decision to donate ahead of time – like now! . . .

### How did you first come to know Summits Wayside Tavern?

Let's see, a good friend of mine, George Miller introduced me to Summits. I believe his friend, Paul Shelton introduced him to Summits. When George told Nelson and I about Summits my response was, "I am not going to hang around a bar". Oh he said, "but you will like this place." I resisted for quite awhile and then finally gave in. We were hooked

immediately on the variety of beer, the expertise of the wait staff, and the quality of the food. Summits opened a whole new world to us of the different type of beers, where and how they are brewed, and what food goes with what type of beer. We have become beer snobs! Truly a learning experience and we continue this journey at Summits Institute of Higher Living on a monthly basis. Thank you Andy and staff!

### How was the Snellville Beer Society born?

Well, that's a difficult one to answer. Once we started going up to Summits on Friday nights we started inviting all our friends and they invited their friends. All of a sudden we had a rather large group and named this group The Beer Society of Snellville, GA. It became our wind down on Friday evenings. Our son, Clayton, died in 1996 at the age of 16. This is truly the worst thing that has ever happened to us. Weekends were very difficult because that is family time and we missed Clayton terribly. Having a group of friends to get together with on Friday at Summits made the weekends easier. We received a lot of support from The Beer Society those first years and still do. We can say Clayton's name and they don't run or avoid us. Summits is like Cheers to us - "where everybody knows your name."

### Who are its members? (generally speaking)

The members are from all different backgrounds and have a very wide variety of interests. I will say we are all baby boomers and a few former hippies. We enjoy good beer, good food, music, theater, boating, traveling, reading, tennis, golf, and many other things!

### What is your motivation for maintaining your involvement with the GTF?

As a donor family, we want only the best for recipients. When a family donates out of love for others at a time of intense grief and shock, their ultimate wish is for the recipient to be well and live a long, productive life. Clayton's donation helped 43 different people.

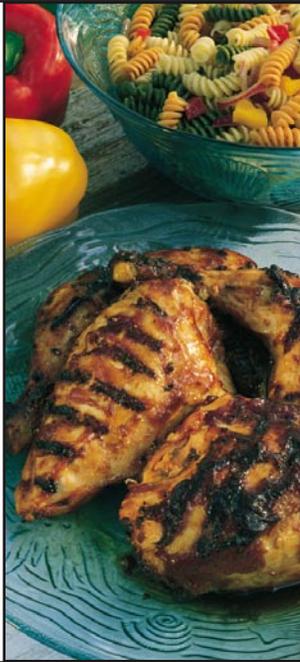
GTF's goal is to help the recipient and their family live with transplantation – helping financially, emotionally, providing mentors, working with the DOL (Job Link) to reemploy recipients, etc., etc. GTF supports recipients so they can resume a productive, full life after transplantation – going hand in hand with donor family wishes. I work with many recipients and they are a continuous reminder that we made the correct decision in donating.

*Editor's Note: Each week, we'll bring you a column featuring a thought, story, or even prose by your favorite people at Summits! And don't forget, you too can be published! Contact [snellville@summitsonline.com](mailto:snellville@summitsonline.com) for details!*

## Spotlight on Food

Don't forget, this month, a free Chocolate Waffle-Wich comes with every kid's meal ordered! Try a healthy kid's grilled chicken and veggies. This dinner is served with two grilled tenders and a side of bbq sauce. The two side veggies are steamed broccoli and brown rice. As always, all kid's meals are served on a frisbee and come with a soft drink!

For a full look at our menu, click on [www.summits-online.com](http://www.summits-online.com) and let your food adventure begin.



## Did You Know?

Sir Leonard Woolley discovered gold and lapis-lazuli beer-drinking straws in the tomb of Lady Pu-abi at Ur, ca. 2650 to 2550 B.C.

The code of Hammurabi prescribed stiff penalties for offenses at beer taverns.

SOURCE: Fritz Maytag

Cenosillicaphobia - Fear of an empty glass

SOURCE: <http://www.geocities.com/NapaValley/1501/quotes.html>

Gordon Biersch Brewing Co.'s lager was the first bottled craft brew available on commercial airlines.

SOURCE: Jerry Carroll's Lively Arts column in the San Francisco Chronicle, 3/3/98



## Quote of the Week

*Adhere to Schweinheitsgebot. Don't put anything in your beer that a pig wouldn't eat.*  
- David Geary

## Your Weekly Summits Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	7-9p 28
	SN Trivia 7:30p		C Trivia 8p double!		SN Trivia 10p SS Trivia 10p	Thomas Creek SS Trivia 9p
29	30	31	June 1	2	3	7-9p 4
	SN Trivia 7:30p		C Trivia 8p double!		SN Trivia 10p SS Trivia 10p	Mike's Hard Lem. SS Trivia 9p
5	6	7	8	9	10	7-9p 11
	Summits U 7pm Cumming SN Trivia 7:30p	Summits U 7pm Snellville	Summits U 7pm Sandy Springs C Trivia 8p double!		SN Trivia 10p SS Trivia 10p	Pilsner Urquel SS Trivia 9p
12	13	14	15	16	17	7-9p 18
	SN Trivia 7:30p		ROGUE 15! C Trivia 8p double!		SN Trivia 10p SS Trivia 10p	Shiner Hefe SS Trivia 9p