

At the Summit

the e-zine of Summits Wayside Tavern



15 March, 2004

PINT NIGHTS

Weekly Pint Nights are held on Saturday Nights at all Locations.

Drink a pint and keep the glass! 7-9 pm (while supplies last!)

- 3/17 Killians!
- 3/18 Killians!
- 3/19 Killians!
- 3/20 Grolsch
- 3/27 Sierra Nevada
- 4/3 Spatzen Fr. Weiss
- 4/10 Paulaner Hefe
- 4/17 McEwans

March Madness

March Madness Is Back!

Drink 5 specially priced Moosehead beers (keep the cup!) and pick your favorite March Madness Basketball team. First come, first served!

Beers!

Snellville

Hacker Pschorr Spring Bock
Fullers ESB
Molson Canadian
Sam Adams White
Rolling Rock Green Light (low-carb)

Sandy Springs

Hacker Pschorr Oktoberfest
Sam Adams White
Dogwood Spring Bock
Smithwick
Blue Moon White

Cumming

Sam Adams White
Weltenburger Hefe
Blue Moon White
Rolling Rock Green Light (low-carb)
Linenk'l Dark & Creamy

A View from the Summit

"Books, Drink, Smoke"

Kevin Southern - Manager - Sandy Springs

The prevailing sentiment of the Republican Majority notwithstanding, these are three of my favorite leisure activities that are best enjoyed simultaneously. Let's see if I understand the Republican logic correctly... Big government and business regulations are very bad except when it has to do with issues of personal choice or the bedroom. Sorry, I digress; I suppose that is a topic for another day.

For me, one of life's great simple pleasures is to escape for an hour or so once a week to enjoy a nice cigar, a quality beer, and a good read. No day off is truly a success without it.

If all goes well you can generally find me one of three places on a Wednesday afternoon: the local pub indulging in a few pints of Guinness, the Starbucks outside Barnes and Noble for a strong cup of coffee and a cigar, or if nothing else my front porch for a brief respite.

My ultimate trifecta occurred a few years ago on a trip to England. After hiking all over Oxford in freezing rain, I retired back to my Bed and Breakfast, which luckily doubled as a pub. A Cuban cigar, a fresh pint of Guinness, and London Times, and a fireplace to boot is a pretty tough combo to beat.

Cheers!

Editor's Note: Each week, we'll bring you a column featuring a thought, story, or even prose by your favorite people at Summits! And don't forget, you too can be published! Contact snellville@summitsonline.com for details!



St. Patty's Day Only!

All day, on Wednesday, March 17, enjoy a delightful Irish meal, for a delightful price! Sliced corned beef, cabbage, and garlic mashed potatoes--all for \$2.04!! How can you pass that up?? We'll see you on the 17th!

Don't forget - Special Pint Nights - Killian's all night, all locations 3/17, 3/18, and 3/19!



Get Your Tickets!

Buy your discount movie tickets at Summits!

Pick up movie tickets for any United and Regal Theater at the Sandy Springs and Snellville Summits.

In Cumming, you can purchase movie tickets for Movies 400 Theater. Tickets are good anytime, but cannot guarantee a seat in a sold out show.



Visit us on the web at www.summits-online.com



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You Can Win And Be Famous!

Have you reached your own personal Summit?

Are you on the track of getting there? We want to hear about it! Let us share in your victories. Write us an article for the Summit E-Zine about...anything! If chosen, your article will be published in our weekly newsletter and you will receive \$20 in Condors! We look forward to hearing from you!

Submit all articles to attn.: Jan at: snellville@summitsonline.com All articles submitted become property of Summits Wayside Tavern.

Where in the world are you??

Send us a photo taken of yourself traipsing across some distant soil wearing your favorite Summit wear. If chosen, your photo will be published in our weekly newsletter and you will receive \$20 in Condors! So, put on your best smile for Summits!

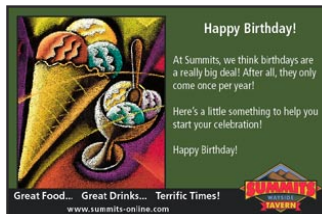
Submit all photos to attn.: Jan at: snellville@summitsonline.com All articles submitted become property of Summits Wayside Tavern.



Birthday? When?

We want to celebrate with you!

The next time you are visiting a Summits, simply give your server your name, address, and birthday so that we can send you a birthday card with a coupon for a free entrée! The coupon can be used anytime during the month of your birthday. Don't forget to sign your kids up too! Kids 16 and under get a free dessert on their birthday!



Reward Yourself!

Rewards to Go!!!

Everytime you order take out food, you earn points! Get enough points-get free condors! It's that easy!

Once you accumulate 200 points you will earn \$20.00 in Condors.. our own special kind of personalized house cash.

Sign up today - It's free, it's easy and you will love the rewards!

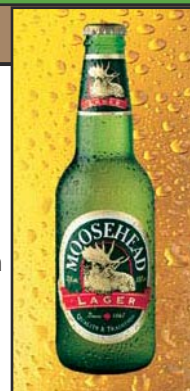


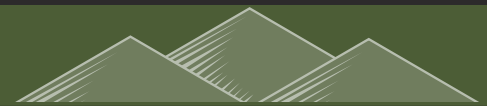
Beer Spotlight

Moosehead

Moosehead Lager is a smooth, clean-tasting lager that offers a good balance between malt sweetness and hop bitterness. It is brewed from a unique blend of Canadian Barley malt, two types of hops to balance aroma and bitterness and fresh water from nearby Spruce Lake, renowned as one of the best water supplies in Canada for brewing beer. The lager is then aged a full 28 days to bring out all the natural flavours.

http://www.mooseheadbeer.com/about_us/beer.html





Here's another Summit!

The Sierra Nevada Mountains

The Sierra Nevada Mountains, often simply called "the Sierras", run very roughly north-north-west to south-south-east for about 400 miles in the central part of eastern California. They also extend a short way into Nevada near Lake Tahoe.

The Cascade Mountains lie to the north of the Sierras, and the Mojave Desert lies to the south. The Great Basin lies to the east.

The Sierras are often stated as ending in the north at the gap immediately to the south of Lassen Peak, making Lassen the southernmost peak in the Cascades.



However, there appears to possibly be some controversy over whether Lassen lies in the Cascades or the Sierras. In the south the Sierras end at the Tehachapi pass (California State Highway 58 from Bakersfield to Mojave and then Barstow).

The highest peak in the Sierras is Mount Whitney, which at 14,491 feet is the highest peak in the lower 48 states.

Highlights of the Sierras include Lake Tahoe, Sequoia National Park and Yosemite National Park.

http://freespace.virgin.net/john.cletheroe/usa_can/ca/sierra.htm

A Touch of the Green...

Weight Watcher's Irish Stew

- 1 tbsp vegetable oil
- 1-1/2 pounds lean boneless lamb, cut into 1-1/2-inch squares 1/2-inch thick (or boneless chuck)
- 1 medium onion, chopped
- 3 cups low sodium chicken broth
- 1/2 teaspoon dried thyme, crumbled
- 1 bay leaf
- 6 whole new red potatoes (5 ounces each)
- 15 ounces small onions, peeled
- 1 cup Irish ale or beer
- 1 teaspoon salt
- 2 tbsp cornstarch
- Chopped parsley
- 6 slices Italian bread (1 ounce each), optional

In a large heavy saucepan, heat 1/2 of the oil. Add 1/2 of the lamb or beef and cook until well browned on one side, 5-7 minutes. Stir and cook 1 minute longer; remove meat and set aside. Add the remaining oil, the lamb (or beef) and the chopped onion to the pan and cook until browned, about 8-10 minutes. Return the first batch of meat to the pan.

Add broth and bring to a boil over medium heat. Add thyme and bay leaf; lower heat to low, and simmer for 1 hour. Add potatoes, onions, ale and salt. Cover and simmer until potatoes are tender, 30-40 minutes.

To thicken stew, add cornstarch to 1/4 cup cold water in a small bowl; stir until smooth. Add to simmering stew; stir gently until thickened. Garnish with parsley; serve with bread.

Serving (with 1 slice of bread) provides: 1/2 Fat, 1 Vegetable, 3 proteins, 2 breads, 37 calories (if served without bread, subtract 1 bread).

<http://homecooking.about.com/library/archive/blss83.htm>

The Passport Club

Take a trip around the world! Drink 100 different draft beers from our extensive draft list and you'll receive a personalized 20 oz. dimpled mug from Summits Wayside Taverns® to continue your journey with.

It's easy and fun and we'll add you to our mailing list so you'll know about new beers when they arrive. There is a \$2.00 registration fee, but 100% of that is donated to Habitat for Humanity. Isn't that reason enough to join?

Ask your friendly server or visit our website for more information on how to join the club!

Did You Know?

Ancient Egyptians used to greet one another with the phrase, "Bread and beer."

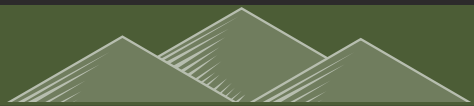
SOURCE: L.M. Boyd's Grab Bag

A Chinese imperial decree - about 1116 BC, western time - averred it was a requirement of the heavenly powers that people regularly take a moderate amount of alcoholic drink.

SOURCE: L.M. Boyd's Grab Bag

The oldest known recipe is for beer.

SOURCE: L.M. Boyd's Grab Bag



Industry News

A Romanian is in hospital after making a drunken bet that he could swallow more money than a Frenchman. Gigi Florin, 27, from Piatra-Neamt in north eastern Romania, managed to swallow 120 coins with red wine. His 62-year-old opponent reportedly swallowed 350 coins weighing more than 12lbs.

Mr Florin claimed that by making the wine warm his stomach would relax and the coins would pass through. But he collapsed and bar staff called an ambulance.

At first, doctors did not believe his claim. Dr Mircea Coada said: "When we X-rayed him we found a large pile of coins in his stomach."

Dr Coada added the patient was "like a walking money box and we operated on him immediately". The Frenchman reportedly died at Cholet General Hospital in central western France after stomach surgery.

He had a history of psychiatric illness and his family had warned doctors that he sometimes swallowed coins.

http://www.ananova.com/news/story/sm_873283.html?menu=

Condors make excellent gifts!

Shopping for the hard to please person? Need to reward an employee?

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Condors, Summits money, come in \$5.00 denominations, and are bought in increments of \$20.00. What better way to say "You're Special" than with Summits Condors??

Put your family, a favorite vacation spot, or even a beloved pet on your money.



Ask your friendly Summits server for details.

And don't forget - you can win Condors by submitting an article or photo - check out the easy to follow rules on page 2!

Quote of the Week

"They who drink beer will think beer." -- Washington Irving

Your Weekly Summits Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--------------------|--|--------------------------------|---|--|
| 14 | 15 Moosehead Madness All March! SN Trivia 7:30p | 16 SS Trivia 8p | 17 Killian's Irish Weekend! Corned Beef & Cabbage Special! C Trivia 8p double! | 18 Killian's Irish Weekend! | 19 Killian's Irish Weekend! C Karaoke 10p SN Trivia 10p SS Trivia 10p | 20 7-9p Grolsch SS Trivia 9p |
| 21 | 22 SN Trivia 7:30p | 23 SS Trivia 8p | 24 C Trivia 8p double! | 25 | 26 C Karaoke 10p SN Trivia 10p SS Trivia 10p | 27 7-9p Sierra Nevada SS Trivia 9p |
| 28 | 29 SN Trivia 7:30p | 30 SS Trivia 8p | 31 C Trivia 8p double! | Apr. 1 | 2 C Karaoke 10p SN Trivia 10p SS Trivia 10p | 3 7-9p Spaten Franz. W SS Trivia 9p |
| 4 | 5 SN Trivia 7:30p | 6 SS Trivia 8p | 7 C Trivia 8p double! | 8 | 9 C Karaoke 10p SN Trivia 10p SS Trivia 10p | 10 7-9p Paulaner Hefe. SS Trivia 9p |