

# At the Summit

the e-zine of Summits Wayside Tavern



20 January, 2003

PINT NIGHTS

## PINT NIGHT!!

Drink a pint of Grolsch on draft and keep the glass!



**Sandy Springs**  
Thursday Jan. 23

**Snellville**  
Saturday Jan. 25

**Cumming**  
Saturday Jan. 25

7 - 9 pm (while supplies last)

## Save the Date!

Fri Jan 31- Blackthorne Cider Pint Night - all three locations! 7-9 pm while supplies last!

more promos on the web!

## A View from the Summit

### "Itzamna"

Eduardo Mejia - Cumming Location

I cannot forget the days that I spent in elementary school. Those were the best days of my life, where I met most of my best friends.

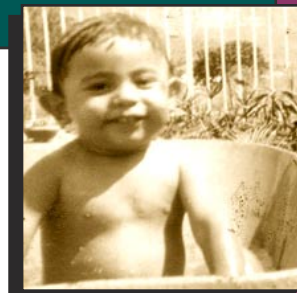
When the time came to write this article, I do not know why the word "ITZAMNA" came into my head. I was going to write about a philosophical problem, which is "The Problem of Free Will", but then I decided to talk about Itzamna. And that is how my philosophical essay changed to one of the best times of my childhood.

My uniform was sky blue pants, a white shirt, black shoes and a black belt. I used to have many troubles at school because of my belt, which to this day I still forget to wear. I was 6 years old when I started first grade in 1986. I remember that first week we started learning to read. I was sitting with my class in a circle, when the teacher handed me a flyer with a word written on it. She asked me to tell her what the word was, and I could not. However, if I closed my eyes at this moment, I don't know why but I can see the flyer and the word "papá". But now I think it's a little too late to answer the teacher.

The school was little with a total of 26 classrooms. The classrooms were placed in a big square, and in the middle of that square was the patio. The patio was a multi-use playground. We did not have any play structures but we did have enough equipment to play soccer. We used to play soccer more than anything else. Sometimes the patio was the battlefield for many kids' fights.

La escuelita (little school) has blue walls and red doors. Honestly, the person who chose the colors probably was drunk, because instead of looking like a children's school with colorful

(...continued on page 2)



## Don't Miss It!

Where will you be on January 26th? It's Superbowl Sunday and you should be with us!

Join us at Summits Wayside Tavern for Superbowl Sunday! There will be a lot of good food, fun, and giveaways.

If you are planning an "at home" Superbowl party, don't forget to pre-order your Summits chicken wings, chicken tenderloins, or any one of our many sandwiches and quesadillas. Call your favorite Summits early to place your orders.

## Try Something New - Drafts!



### Snellville

RedHook ESB  
RedHook Nitro Porter  
BlueBird Bitter  
Rogue Smoke  
Anchor Christmas  
Harpoon Winter

### Sandy Springs

Anchor Christmas  
Sam Adams Winter  
Carolina Pumpkin  
Michelob Ultra  
Smirnoff Triple Black (bottle)  
Jack Daniels Hard Cola (bottle)

### Cumming

Harpoon Winter  
Red Brick Winter  
Dogwood Winter  
Sam Adams Winter  
Michelob Ultra  
Anchor Christmas



Full list of new drafts at [www.summits-online.com](http://www.summits-online.com) ▶

Visit us on the web at [www.summits-online.com](http://www.summits-online.com)



"At the Summit - the e-zine of Summits Wayside Tavern" is published weekly by Summits Wayside Tavern®, a restaurant chain in the southeastern US, headquartered in Snellville, Georgia serving quality food and beverages.

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## Find your Summits!

### Locations

**Summits Wayside Tavern® - Sandy Springs**  
5830 Roswell Road  
Sandy Springs, GA 30328  
Phone: 404-257-0735  
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[summits-online.com/sandysprings/](http://summits-online.com/sandysprings/)

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Snellville, GA 30078  
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Fax: 770-736-0041  
[summits-online.com/snellville/](http://summits-online.com/snellville/)

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[summits-online.com/cumming/](http://summits-online.com/cumming/)

## "Itzamna"

(continued from page 1)

classrooms, it likes a correction center. But we always had fun. The *escuelita* was named Itzamna. You might think that school has a weird name, and you are right, we could barely pronounce the name.

Now let me tell you about Itzamna. [Etsäm' nä]

Itzamna is the founder of the Maya culture. His name literally means "lizard house". He brought his people maize and cacao and taught them script, healing, and the use of calendars. As the bringer of culture he became the state-god of the Mayan empire. As the moon-god he rules over the night. Itzamna is also called 'God D' and bears the title of 'lord of knowledge'.

His attributes are the snake and the muses, he was, by extension the creator of the calendar and chronology, he was a benevolent deity. He did not so much represent the wilderness surrounding the Maya, but as a way to get in touch with the spirits within that wilderness. His was the visage of an old man, a priest-- the first shaman and diviner in Maya culture. Supposedly, "kings and shamans contacted Itzamná to plead for him to open the way so sacred nourishment would flow into the world to sustain humanity." He was the "Lord of the Heavens" and it is quite clear, that through him, humans were able to make the connection with the gods.



Itzamná was prominent in other aspects of Mayan life as well, as are many of the more important deities. He was said to have invented writing and medicine and was the patron of the arts and sciences. Itzamná appeared in other guises than just the aged priest, such as a fierce bird, an earth-caiman, a personified tree, a small alligator, or a fish and was associated with water. The Maya believed he was ruler over the other gods. On his forehead, he wore a black disk, possibly an obsidian mirror for seeing the future. He was also the Husband of Ix Chel, the moon goddess.

There are many sources about Mayan culture but every single one is different from each other. The only thing that we can be sure is that still in 2003 the mystery of the Mayan culture is still unknown, they just disappeared without a reason. It seems that they just decide to move to a different planet.

**Editor's Note:** Each week, we'll bring you a column featuring a thought, a story, or even prose by your favorite people at Summits! So, don't miss a week- you'll miss a lot!

## Beer Spotlight of the Week

### Anchor Our Special Ale

*Brewed in San Francisco, CA*

Devotees of classic beers eagerly await Anchor's lustrous, dark-brown holiday treat. And no wonder. Though the recipe changes, the always lively mouthfeel and bouncy aroma are replete with a tempting lineup of spice and fruit surprises. Spruce, cardamom, nutmeg, and chocolate may show up one year, then reappear in a different configuration the next, perhaps with other baking spices or ginger included. You just never know, and that's part of the pleasure. This delightful seasonal vanishes fast, enjoy it while you can!



**365 Bottles of Beer for the Year 2003** by Bob Klein

## Cooking With Beer...

### Pilsner Sauce

A light and lovely sauce, this is exceptional on pasta tossed with bits of leftover ham, chicken, and fresh peas.

- 1 1/2 cups chicken broth
- 1/2 cup German Pilsner or Bavarian light lager
- 1/2 tsp tarragon or thyme
- 4 Tbsp pan drippings (add butter if needed)
- 4 Tbsp flour



- \*Combine broth, beer, tarragon and heat until hot.
- \*Heat drippings in pan on medium, add flour, and cook, stirring constantly, 4 mins.
- \*Whisking continuously, slowly add hot broth mixture and continue stirring until thickened.

Makes 4- 1/2 cup servings.

The Great American Beer Cookbook by Candy Schermerhorn

## Calendar

### Sandy Springs

- Jan. 21 Team Trivia  
Tues. 8-10 pm
- Jan. 23 Grolsch  
Thu. Pint Night 7-9
- Jan. 24 Team Trivia  
Fri. 10-12 pm
- Jan. 28 Team Trivia  
Tues. 8-10 pm
- Jan. 30 Miller Lite  
Thu. Pint Night 7-9
- Jan. 31 Blackthorne Cider  
Fri. Pint Night 7-9

### Snellville

- Jan. 20 Team Trivia  
Mon. 7:30 - 9:30 pm
- Jan. 25 Grolsch  
Sat. Pint Night 7-9
- Jan. 27 Team Trivia  
Mon. 7:30 - 9:30 pm
- Jan. 31 Blackthorne Cider  
Fri. Pint Night 7-9

### Cumming

- Jan. 22 Team Trivia  
Wed. 7:30 - 9:30 pm
- Jan. 25 Grolsch  
Sat. Pint Night 7-9
- Jan. 29 Team Trivia  
Wed. 7:30 - 9:30 pm
- Jan. 31 Blackthorne Cider  
Fri. Pint Night 7-9

More at: [summits-online.com](http://summits-online.com)

## When is your Birthday?

### We want to celebrate with you!

The next time you are visiting a Summits, simply give your server your name, address, and birthday so that we can send you a birthday card with a coupon for a free entrée! The coupon can be used anytime during the month of your birthday. Don't forget to sign your kids up too! Kids 16 and under get a free dessert on their birthday!



## News: Vending Machines and Beer?

A soda vending machine in the town meeting hall in Clifton, Virginia, has raised the ire of local residents because in addition to Pepsi and Coke the machine also dispenses beer. After complaints by angered citizens the Clifton mayor claimed "he would take care of it," but investigators later found that someone had merely covered over the Budweiser window on the front of the machine. According to other residents, the beer was intended for the Clifton Lion's Club, which meets twice monthly in the hall. "I know they put it in on meeting nights to chill it down," said the club president.

Another vending machine -- this one in a fire station in Cresent Springs, Ohio -- has angered community members who are concerned that the firefighters may be consuming beer while on duty. The machine is paid for and stocked by the volunteer firefighters, but has prompted local city officials to reconsider beer vending machine policy. "We're very concerned about liability," said Cresent Springs mayor Mike Sadouskas. "The new policy will meet everyone's standard of zero tolerance and we're completely confident that this new policy will be adopted quickly."

## Book swap?

All of February you can bring in your already-read books and trade them in for someone else's well-read treasure. A book shelf will be conveniently located at your favorite Summits for your book use. All extra books at the end of the month will be donated to Goodwill.





## Did You Know?

Spaten, which means "spade" in German, was one of the first companies to apply scientific methods to brewing. The brewery still delivers some of its product in Munich by horse and wagon.

Spaten, like all other Bavarian beers, adheres to the Reinheitsgebot, or German Pure Beer Law of 1516, which mandates that all beer be made only from barley malts, hops and water. Yeast, now required, was not included in the original list, as the function of this important ingredient was not yet identified or understood. Today, many breweries, including an increasing number in the US, voluntarily adhere to the 479-year-old guideline. To underscore the quality of their products, they often advertise this fact on the label.

The Beer Lover's Rating Guide by Bob Klein

## Drinks!

### Sicilian Kiss

1 oz Disaronno Amaretto

1 oz Southern Comfort

Shake over ice. Pour into a shooter glass.

### Elixir of Love

1 1/2 oz Disaronno Amaretto

1/2 oz Crème de Cacao

1/2 oz Bacardi Light Rum

2 oz cream

Serve over crushed ice.

[www.disaronno.com](http://www.disaronno.com)

## Menu Item: The Spa Tuna Sandwich

Approx 490 calories

13 g fat, 55 carbs

Looking for something healthy, filling, and tastes great? Look no further than our Spa Tuna Sandwich! A marinated, then grilled to perfection filet of tuna is topped with lettuce, tomato, onion, and our own wasabi mayonnaise. All of this is nestled between slices of 5-grain bran bread. Served on the side is a portion of healthy brown rice.



## Quote of the Week

"I believe, if we take habitual drunkards as a class, their heads and their hearts will bear an advantageous comparison with those of any other class. There seems ever to have been a proneness in the brilliant and warm-blooded to fall into this vise."

-Abraham Lincoln



3334 Stone Mtn. Hwy. (Hwy 78)  
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[www.summits-online.com](http://www.summits-online.com)

Great Food

Great Drinks

Terrific Times